



# THE GUARDIAN

A Publication of the Wyoming Air National Guard

July 2009

## NEW MEMBERS

153 CES

WILLIS PATTERSON  
JANINE NIELSON



153 MDG

NORMA HERNANDEZ



153 SVS

SHAWNA PENNOCK



243 ATC

CHRIS WATHEN



153 MXS

SEAN HAY



## PROMOTIONS

153 LRS

ANTHONY MUNOZ  
TECHNICAL SERGEANT



153 CF

ERIC FARMER  
MASTER SERGEANT  
DARON SAUER  
TECHNICAL SERGEANT



187 AS

CHARLES FITZGERALD



187 AES

MARIO MARTINEZ  
MASTER SERGEANT  
GEOFFREY SHARPE  
MASTER SERGEANT



153 AMS

KELLY BORTZ  
MASTER SERGEANT  
JOSEPH SHARP  
MASTER SERGEANT



MARK GWIN  
MASTER SERGEANT



153 SFS

ERICKA MAESTAS  
SENIOR AIRMAN  
TANYA PARKS  
STAFF SERGEANT

## 10,000 expected at 2009 WyANG Air Show

If daring stunts overhead and the smoke and noise of high performance airplanes get your heart pumping, then the 2009 Air Show at the Wyoming Air National Guard is where you'll want to be on Wednesday, July 22.

This event began in 1953 and attracts an average of 10,000 guests each year.

This exciting show will include performances by Gary Rower

and his 1942 PT-17 Stearman, the Wings of Blue parachutists who will perform high altitude demonstrations, and many others. The show will also include a number of flyovers from military and civilian aircraft.

Plenty of ground-based activities aimed to fuel an interest in flight will be found across the tarmac. Plans are underway to have three of the largest airplanes in the Air Force inventory; the C-5 Galaxy, the C-17 Globemaster III and the KC-10 Extender. Also expect displays featuring military helicopters and vehicles and other aviation themed attractions. Food and beverages will be available along with displays by local area businesses.

The gates to the Wyoming Air National Guard will open at 8:30 a.m. with the air show beginning

around 11:30 a.m. Free parking and continuous shuttle transportation are available on the north side of Frontier Mall, located at 1400 Dell Range Blvd. Handicap transportation will also be available from that location.

Vehicles with authorized military stickers will be allowed to enter

the base until 10:00 a.m. All vehicles and personnel entering the base are subject to search. Guests are strongly encouraged to

minimize the number of items carried into the air show area. The base will not hold prohibited items for guests. Prohibited items include any item you would not be allowed to carry onto a commercial airplane - including ALL pocket knives - with the exception of plastic water bottles, sunscreen, etc.

The free event is open to the public. For more information contact (307) 772-5253 or visit the web site at <http://www.153aw.ang.af.mil>.



DON'T FORGET THE ANNUAL  
153RD AIRLIFT WING PICNIC  
JULY 11  
AT LIONS PARK  
FOOD AND FUN FOR ALL!

## COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for family members who want to volunteer.

Find out more by contacting the Family Readiness Office at (307) 772-6063.

## FAMILY MORALE CARE PACKAGES AVAILABLE

The Wing Family Readiness Program offers a morale care package for all military members to help deployed Airmen stay connected to children.

Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided to children 6 and up. Call 772-6063 for information.

## 153RD AIRLIFT WING FAMILY READINESS PROGRAM CONTACT NUMBERS

**153 AW FAMILY READINESS OFFICE**  
217 DELL RANGE BLVD.  
CHEYENNE, WY 82009

**DENISE RAMPOLLA**  
153 AW FAMILY READINESS COORDINATOR  
(307) 772-6063 OFFICE  
(307) 214-2625 CELL

**BILL BRECKENRIDGE**  
STATE FAMILY READINESS COORDINATOR  
(307) 772-5208 OFFICE  
(307) 631-7537 CELL

**CHAPLAIN DOUG ARENDSEE**  
STATE CHAPLAIN  
(307) 772-5098 OFFICE

## Diversity Corner: Pursuing greatness

As noted in his book, "Good to Great" by Jim Collins, we can find pockets of greatness in nearly every difficult environment.

Every unit, section, squadron and flight has its unique set of difficult constraints, yet some make a leap while others facing the same environmental challenges do not.

This is perhaps the single most important point in all of "Good to Great". Greatness is not a function of circumstance. Greatness, it turns out, is largely a matter of conscious choice, and discipline.

The great units, in contrast, focus on getting and hanging on to the right people in the first place—those who are productively neurotic, those who are self-motivated and self-disciplined, those who wake up every day, compulsively driven to do the best they can because it is simply part of their DNA.

The Soldier and statesman retired Army Gen. Colin L. Powell wrote, "An organization doesn't really accomplish anything. Plans don't accomplish anything either. Theories of management don't much matter. Endeavors succeed or fail because of the people involved. Only by attracting the best people will you accomplish great deeds."

The Air National Guard's greatest resource is our Airmen. Some of you may consider this statement the "company line," while others may

have worked side by side with an Airmen that have inspired, encouraged and challenged you. Know without a doubt that Airmen are our greatest resource. Airmen have not just contributed to the mission, they make the mission happen.

The historical list of noble, heroic and impressive acts by Airmen is endless.

Today's Airmen are no different than those who have previously served. Airmen continue to be a remarkable force in the war on terrorism. America's footprint has been embedded in the soils of Iraq and Afghanistan because of the great deeds our Airmen accomplished. Today's Airmen are making their own history.

No plan or abstract theory accomplished all these great deeds -- it was our Airmen being great!

How do we continue to attract Airmen who will deploy at a moment's notice, miss their first wedding anniversary, the celebration of their children's birthdays and will spend Christmas sitting on a mountain in Afghanistan? How do we continue to attract the best Airmen to accomplish great deeds?

First we set the example by serving with honor and accepting no less than excellence from any Airman.

Secondly, we continue doing what we are doing -- being the greatest Air Force in the world.

### DIVERSITY CORNER

#### THE GUARDIAN

THE GUARDIAN IS THE UNOFFICIAL NEWSPAPER PUBLISHED BY THE 153RD AIRLIFT WING PUBLIC AFFAIRS OFFICE FOR THE MEMBERS OF THE WYOMING AIR NATIONAL GUARD. THE OPINIONS EXPRESSED HEREIN DO NOT NECESSARILY REPRESENT THOSE OF THE UNITED STATES AIR FORCE, THE WYOMING MILITARY DEPARTMENT OR THE WYOMING AIR NATIONAL GUARD.

WING COMMANDER  
COL. DENNIS GRUNSTAD  
STATE PUBLIC AFFAIRS OFFICER  
DEIDRE FORSTER

WING PUBLIC AFFAIRS OFFICERS  
2ND LT. RUSTY RIDLEY  
2ND LT. BERLINDA WHITE

THE GUARDIAN, 217 DELL RANGE BLVD., CHEYENNE, WY 82009  
(307) 772-5253/5935, 153.PA@ANG.AF.MIL

## JOBS

**OPERATIONS GROUP COMMANDER, 153 OG:** Applications are now being accepted for the Operations Group Commander Military Position (AFSC OIOCO). This position is open to all rated officers in the WyANG in the grade of Lieutenant Colonel who meet the requirements to be immediately promotable to Colonel. This is a traditional officer position with a maximum authorized grade of Colonel. Application packages must include, but not limited to the following: (1) cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional). The nominating official is Col. Dennis Grunstad. For application procedures, contact Maj. Rachel Bennett at (307) 772-6036. Applications are due to Maj. Bennett, 153 MSF, 217 Dell Range Blvd, Cheyenne, WY 82009-4799 not later than **COB July 7**.

**153 AW MILITARY EQUAL OPPORTUNITY POSITION:** Equal Opportunity and Substance Abuse Control Manager – AFSC 3S1X1, authorized grade E-7. This traditional position will be double-slotted against the currently filled traditional MEO position. Applicants must be at least an E-5, have attained at least a 5-skill level in another AFSC, meet the ANG weight and fitness standards, have an outstanding military appearance, possess high moral standards and exceptional military bearing and conduct, and present a professional image. Selectee must have excellent communications, speaking, and presentation skills and the ability to lead clients through the equal opportunity and treatment complaint process. Applicant must also possess computer skills to prepare reports, access records for the wing drug testing program, prepare certificates, spreadsheets and other documents as well as PowerPoint presentations. Must be able to attend the four week in-residence Defense Equal Opportunity Management Institute's (DEOMI) Equal Opportunity Advisor Reserve Component Course (EOARCC) at Patrick AFB, Fla. Applications consisting of a cover letter, a current resume with civilian and military experience/education, and PME status will be accepted until **COB July 12**. Please forward applications and direct any questions to Lt. Col. Jeff Carroll 153 AW/ME 772-6182 or (307) 637-5538 weekdays or (307) 631-1471 cell.

**PUBLIC AFFAIRS POSITION:** Applications are being accepted for a traditional 3N091 position in the Joint Force Headquarters – Wyoming. Authorized grade is Senior Master Sergeant. This position is open to all WyANG enlisted members who hold the 3N0XX AFSC. If required to retrain, member must attend the first available class. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd, Cheyenne, WY 82009 not later than **COB July 12**. If you have questions contact Senior Master Sgt. Keune at

(307)772-5293. Nominating official: Brig. Gen. Donald Haught.

**AIRCRAFT LOADMASTER:** Applications are being accepted for a Master Sergeant position. Selected individual must possess AFSC 1A271 and be promotable within one year from the date of selection for the position. Application packages and questions can be forwarded to Chief Master Sgt. Mike Sorensen, (307) 772-6278 by **COB July 13**.

**FLIGHT ENGINEER:** A Master Sergeant position is open to eligible applicants in the flight engineer section. Applicants must possess or be eligible for the AFSC X1A171C. All interested applicants will submit a cover letter and resume of qualification to Chief Master Sgt. Roger A. Woolington. A board will be established to review applications and interview applicants. Applications are due by **COB July 13**.

**SQUADRON COMMANDER, 187 AES** - Applications are being accepted for the position of Squadron Commander, 187 AES. This is a traditional position with a maximum rank of Colonel. The position is open to the following AFSCs: 41A3, and 46F/N3. [41A3 Specialty requirements: for entry into the 41A3 AFSC, the member must hold a graduate degree in health care administration, hospital administration, public administration, business administration or management, information systems management, or equivalent. 46F3, member must show a completion of a Flight Nurse Course. Member must show graduation from an accredited school of nursing, and must have at least 100 hours of combined primary and secondary flying time logged as a flight nurse with commander/CNE approval. 46N3, graduate of an accredited school of nursing, completion of a structured training program in critical care, neonatal intensive care or emergency nursing.] Grade authorized: Lieutenant Colonel - Colonel; Majors eligible for immediate unit vacancy promotion to O5 may also apply. Applicant packages must include but are not limited to: cover letter requesting consideration, current resume to include civilian and military education and experience, current RIP (vMPF acceptable), current Physical Fitness Assessment. Letters of recommendation are optional. Please submit packages to Master Sgt. Denise Hondel, 153 FSS, 217 Dell Range Blvd. Cheyenne, WY 82009-4799. Packages are due NLT than **COB July 14**. Please direct any questions to Lt. Col. Amy Olson, ext. 6235, Maj. Jeff Williams or Maj. Rich Cummings, ext. 6195. Nominating official is Col. Steve Rader, 153 AW/CV.

**FIRST SERGEANT VACANCY – 153 SFS:** Applications are now being accepted for the First Sergeant position (AFSC 8F000) in the 153 SFS. This Master Sergeant position is open to any enlisted member in the grade of Master Sergeant or Technical Sergeant who is eligible for immediate promotion IAW ANGI 36-2502. Applicants must meet all requirements outlined in AFI 36-2113, Chapter 10, meet AFVAB requirements prior to interview, score a minimum of 75 on the fitness assessment, and possess an

overall image exceeding minimum standards. Mandatory service commitment is three years from the date of assignment to the 8F000 SDI and will not exceed six years from the date of graduation from the First Sergeant Academy. Duty related questions may be directed to Senior Master Sgt. Alan Stoinski at (307) 286-2461. All application packages must include as a minimum a cover letter, resume, RIP and fitness assessment score and are due to the 153 MSF by **COB July 14**.

**OFFICER APPOINTMENT - PILOT (C-130):** Applications are being accepted for undergraduate pilot training, AFSC 11M2B. This position is located in the 187th Airlift Squadron. Interviews will be held in August. Applicants must be able to enter training prior to age 30 and be no older than age 28 at the time of interview. Must qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. Applications must be received by **COB July 15**. For application procedures contact Master Sgt. Hondel, 153 MPF, (307) 772-6457. For AFOQT info contact Senior Master Sgt. Helart 153 MPF (307) 772-6104. Application packages must include: 1. cover letter requesting consideration, 2. AF Form 24 (enlisted and civilian applicants only), 3. resume to include civilian and military education and experience, 4. official college transcripts (enlisted and civilian applicants only), 5. two letters of supervisory references, 6. AFOQT scores, 7. any private flying paperwork. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009-4799.

**SENIOR NCO VACANCY - 243 ATC** - Applications are being accepted for the position of Air Traffic Control Specialist; 1-Radar, Senior Master Sergeant position, AFSC 1C191. Applicants must be qualified in and possess AFSC 1C171, have experience in managing ATC functions, have aptitude scores M-55 and G-55. Incumbent will analyze current and long term unit needs, plan and organize activities to meet those needs, direct and perform ATC operations, manager work center programs and supervise traditional personnel. Include cover letter and resume with civilian and military experience/education and PME completion status. Submit applica-

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

## JOBS CONT.

tions to Chief Master Sgt. Lee Villeneuve, 243 ACTS/CEM, 217 Dell Range Blvd., Cheyenne, WY 82009, ext. 6486 by **COB Aug. 3.**

**FIRST SERGEANT VACANCY 153 LRS** – Applications are now being accepted for the First Sergeant position (AFSC 8F000) in the 153 LRS. This Master Sergeant position is open to any enlisted member in the grade of Master Sergeant or Technical Sergeant who is eligible for immediate promotion IAW ANGI 36-2502. Applicants must meet all requirements outlined in AFI 36-2113, chapter 10; meet AFVAB requirements prior to interview; score a minimum of 75 on the fitness assessment; and possess an overall image exceeding minimum standards. Mandatory service commitment is three years from the date of graduation from the First Sergeant Academy. Duty related questions may be directed to Senior Master Sgt. Chuck Engbretson at (307) 772-6112. All application packages must include as a minimum a cover letter, resume, RIP and a current fitness assessment score. Applications are due to the 153 MSF by **COB Aug. 7.**

**SATCOM MAINTENANCE POSITION (QA)- 153 CACS:** Applications are being accepted for a traditional 2E171 position with 153 CACS – Authorized grade is Master Sergeant. This position is open to all immediately promotable Technical Sergeants. Applications must include a cover letter, a current resume, a current personnel RIP and a current fitness assessment. Duties and responsibilities: administers, evaluates, and coordinates a comprehensive quality assurance, maintenance standardization, and inspection program for all areas of the maintenance organization. Evaluates the proficiency of assigned personnel through Personnel Evaluations (PEs) and the Communications Standardization Evaluation Program (CSEP). Identifies deficiencies, reviews Product Quality Deficiency Reports (QDR), and determines applicability of Time Compliance Technical Orders (TCTO). Direct questions/applications to 153 CACS, Master Sgt. Priest, 773-6715

**COMPUTER, NETWORK, SWITCHING AND CRYPTOGRAPHIC MAINTENANCE POSITION-153 CACS:** Applications are being accepted for a traditional 2E271 position with 153 CACS – Authorized grade is Master Sergeant. This position is open to all immediately promotable Technical Sergeants. Applications must include a cover letter, a current resume, a current personnel RIP and a current fitness assessment. Duties and responsibilities: installs and maintains network and cryptographic equipment. Visually checks equipment, assembles and connects associated equipment and cables. Adjusts and align components, inspects and tests equipment, identifies and corrects minor deficiencies, performs troubleshooting.

**INFORMATION TECHNOLOGY POSITION-JFHQ:** Applications are being accepted for a traditional 3A071 position in the Joint Force Headquarters – Wyoming. Authorized grade is Technical Sergeant. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd., Cheyenne, WY 82009. If you have questions contact Senior Master Sgt. Keune at (307) 772-5293. Open until filled. Nominating official: Brig. Gen. Donald Haught.

**PERSONNEL POSITION-JFHQ:** Applications are being accepted for a traditional 3S071 position in the Joint Force Headquarters – Wyoming. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd., Cheyenne, WY 82009. If you have questions contact Senior Master Sgt. Keune at (307) 772-5293. Open until filled. Nominating official: Brig. Gen. Don Haught.

**153 CACS OPPORTUNITIES:** The 153rd Command and Control Squadron located on F.E. Warren Air Force Base, has immediate openings for anyone with a desire to work in a fast-paced environment while going to college. The squadron welcomes all cross-trainees from several career fields and all branches of service. For more information contact Master Sgt. Priest at 773-6715 or a recruiter at 772-6333.

Find technician and AGR jobs at:  
<http://www.wy.ngb.army.mil/HRO/default.asp>

# Stay safe this summer

The period between Memorial Day and Labor Day is a period of increased off-duty injuries caused by increased activity and risk taking. That's why Air Force leaders embark on a safety campaign every year called the '101 Critical Days of Summer.' The campaign began in the early 1970s as a way to reduce the large number of Air Force off-duty fatalities in the summer months.

Historically, this is a period of high risk because people are doing more. People are outside traveling, swimming, camping and other outdoor activities.

## GUEST COLUMN

180 Airman were killed in mishaps during the last six 101 Critical Days of Summer periods. Of these fatalities, 137 were traffic related, and 43 percent of those were motorcyclists.

Young men between the ages of 18 and 25 are most at risk for injury or death, yet all Airmen and their families need to remain extra vigilant about safety as the temperatures rise.

Whether barbecuing in your backyard or heading out on a road trip or even just trying a new sport, all personnel need to think about their actions and the possible consequences.

I would like to leave some important safety reminders are:

-- Wear seat belts in cars and required protective equipment on motorcycles.

-- Remain alert while at the wheel and plan rest breaks at frequent intervals.

-- Don't speed in an effort to arrive early. It is better to arrive late than not arrive at all.

-- Don't drink alcohol and drive.

-- Anticipate the unexpected and be ready to react.

Last but not least; Supervisors, please brief your people on the dangers throughout the summer and pay attention to them. Our people are our most valuable asset. Be safe and take care of each other.

## DID YOU KNOW...

Employers must make reasonable efforts to accommodate a disability incurred by an employee as a result of military service to ensure he/she can perform his job. Section 4313(a)(3).



WYOMING ESGR  
5500 BISHOP BLVD.  
CHEYENNE, WY  
82009

MS. LAURA JEFFREY  
PROGRAM SUPPORT  
SPECIALIST

(307) 772-5376  
LAURA.MEAD@US.ARMY.MIL

## WHAT ARE YOUR PLANS FOR CHEYENNE FRONTIER DAYS?



CAPT. BJ COX

"I WILL BE COORDINATING THE AIRSHOW, GOING TO THE PARADE AND TO A PANCAKE BREAKFAST."



COL. STEVE GISSENDANNER

"I HAVE FOUR GRAND-CHILDREN VISITING FOR CFD. WE'RE GOING TO THE AIRSHOW, CARNIVAL, PARADE, PANCAKE BREAKFAST AND THEN FISHING."



STAFF SGT. VICTORIA LOPEZ

"I WILL BE WORKING THE FOOD BOOTH AT THE RODEO AND I AM TAKING MY DAUGHTER TO THE TAYLOR SWIFT CONCERT."



TECH. SGT. MICHELE LYSTER

"I'VE BEEN ON THE CFD CONCESSIONS COMMITTEE FOR FIVE YEARS SO I WILL BE DOING THAT. I WILL BE GOING TO THE RODEO, CONCERTS, SADDLING HORSES FOR THE PARADE AND WORKING THE AIRSHOW."

For ideas for the next "Man on the Street" question, contact 153 AW public affairs specialist Tech. Sgt. Leisa Grant, "The Guardian's" roving reporter, at [leisa.grant@ang.af.mil](mailto:leisa.grant@ang.af.mil).

## Wing plans participation in AMC Rodeo

Air Mobility Rodeo 2009, sponsored by the Air Mobility Command, is the Mobility Air Force's (MAF) readiness competition. This competition focuses on improving our worldwide air mobility forces' professional core abilities. RODEO 2009 will be held at McChord Air Force Base, Washington, July 19-25, 2009.

The 153rd Airlift Wing is one of more than 100 teams and 2,500 people from the Air Force, and Air Force Reserve, as well as allied nations, expected to participate.

The last biennial competition took place in July 2007 at McChord AFB.

In October 1956, 13 troop carrier wings of the Continental Air Command, the Air Force Reserve Command's predecessor, sent crews to participate in a "Reserve Troop Carrier Rodeo" at Bakalar AFB, Indiana. The first airdrop competition for units of the active-duty force occurred in April 1962, when the Military Air Transport Service held a MATS-wide Rodeo at Scott AFB, Illinois.

The 1962 competition was a combat skills competition designed to develop and improve techniques/procedures while enhancing air mobility operations, and promoting esprit de corps. In 1979, Rodeo was expanded to include our interna-

tional air mobility partners. Rodeo tests the flight and ground skills of aircrews as well as the related skills of special tactics, security forces, aerial port operations, aeromedical evacuation, and maintenance team members. It also provides valuable joint and combined training for all participants.

The wing will field three teams. Aircrew, maintenance and aerial port personnel will test their skills against their Air Force and Air Guard competition.

"We are leveraging our Air National Guard and Active Duty total force assets in personnel, aircraft, and resources to compete at the highest level amongst our peers. We've been deploying as an integrated force since the spring of 2007 and now it's time to put our combined efforts on the field with our fellow Airman," said Maj. Ben Cameron, wing executive officer and the wing's rodeo coordinator.

Collectively, the ultimate goal of the competition is to develop and improve techniques and procedures that enhance air mobility operations.

Rodeo provides a forum for Airmen and international partners to share the best of tactics and techniques as improvement and cooperation are essential in the continued pursuit of the Global War on Terrorism.

## PASS & REGISTRATION SECURITY CLEARANCES

In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to a change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.

Address all Pass & ID questions to Master Sgt. Nate Cook at 772-6192.

The 153rd Security Forces Squadron Personnel Security office is open Monday-Friday 0700-1630, Phoenix Fridays prior to UTAs, and on UTAs from 0700 – 1530 for assistance with security clearances. First preference will be given to new members who live out of town. Please address all security clearance questions to Mr. Dave Smith at 772-6145.

## CLINIC INFO

Physical Health Assessments (PHA) are conducted Saturday of the UTA, 0830-1130 and once per quarter, we will offer Friday PHAs, 0830 - 1130 (Dec., March, June, and Sept. drills).

The 30 AS Flight Surgeon Office is now open 0700-0900 every duty day.

Please contact your unit health monitor to set up your PHA appointments. Immunizations are given in the Clinic on Fridays (quarterly) and Saturdays of drill weekend and during weekday duty hours between the hours of 0700-0900.

REMEMBER, the member MUST be on status (UTA/AT/PM) to be eligible for the

vaccination. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process on Saturday of drill.

The clinic is open Sunday of drill from 0800-1000 hours for administrative purposes only, but this does not include out-processing.

Health Promotion classes, Fitness and Cholesterol, have now been combined and will be held at 0900 in the mezzanine, Saturday of drill. You will be scheduled through your unit health monitor following failure of Fit Test or through the clinic, following abnormal test results receipt. If you have any questions please call ext. 6329, 6251, or 6426.

## ITEMS OF NOTE

COMMANDERS' CALL – Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 – 0700.

CHAPEL SERVICE – Held from 0730-0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom.

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