



THE GUARDIAN

A Publication of the Wyoming Air National Guard

February/March 2008

NEWCOMERS

153 MXS

Eric Gish
Sunshine Olson
Jonathan Hays
Don Savage
Travis Waeckerlin
Luke Martens



153 CES

Jason Christofferson



153 LRS

Nadine Troia



153 CACS

Jeremiah Walker
Shieta Jones
Spencer Johnson



187 AES

Daphne Ma



153 AMS

James Taylor



243 ATC

Jodi Long

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Outstanding airmen recognized

Members of the Wyoming Air National Guard were recognized for their outstanding service during 2007, at a formal banquet Jan. 5.



CARMARGO

They were chosen for their leadership, military bearing, community service and personal achievements.

Senior Airman Elias J. Camargo, Airman of the Year.



FRANKLIN

Staff Sgt. Donald T. Franklin, Noncommissioned Officer of the Year.

Master Sgt. Mark S. Swihart, First Sergeant of the Year.



SWIHART

Master Sgt. John Stanford, Senior Noncommissioned Officer of the Year.

Capt. Pedro J. Rampolla, Company Grade Officer of the Year.

Master Sgt. Exie R. Brown, Jr. was chosen as the Flag Team Member of the Year.

Tech. Sgt. Brian A. Williams was recognized by the Enlisted Forum, the Wing's junior enlisted group, as the Outstanding Performer of the Year for exceeding the standards of performance in his duties.

Tech. Sgt. Patrick S. Cunningham, Tech. Sgt. Leisa L. Grant, Tech. Sgt. Jeffrey Hains, Tech. Sgt. Alek J. Prettyman, Tech. Sgt. Kevan B. Johnson, Tech. Sgt. Barbara L. Waltenbaugh,



STANFORD

Tech. Sgt. Brian Wiltjer, Staff Sgt. William K. Ferguson, Staff Sgt. Michael C. Ware, Jr., Senior Airman Chandra Wostenberg, and Airman 1st Class Kyle F. Waymire were named as the Chiefs Council Core Value Award recipients.



RAMPOLLA

This award recognizes the junior enlisted members who best represent the Air Force/Air National Guard Core Values: Integrity first, Service before self, Excellence in all we do, Commitment to Citizen Soldier heritage, and Strength of our diverse family.



BROWN

Senior Master Sgt. Susan F. Nagle was recognized as the Unit Career Advisor of the Year. The Unit Career Advisor plays a key role in promoting the careers and opportunities of our military force, from the youngest Airman to the most seasoned senior noncommissioned officer.

Tech. Sgt. Milton D. Fitzgerald was named as the Top Recruiter of the Year. Staff Sgt. Tiffany M. Moore was selected as the Rookie Recruiter of the Year and Staff Sgt. Daniel C. Rowe was recognized as the Associate Recruiter of the Year. The recruiting awards recognize those who go above and beyond ensuring the wing continues to excel.

PROMOTIONS

153 MG

Stephanie Georgius
Staff Sergeant

Alek Prettyman
Master Sergeant



153 OG

Audra Johnson
Master Sergeant



153 MXG

Christopher Carlson
Master Sergeant



153 SFS

India Melson
Technical Sergeant

Tony Rigdon
Master Sergeant



153 AMS

Scott Wagner
Senior Master Sergeant



153 MOF

Jeffrey Tschacher
Master Sergeant



243 ATC

Jeremy Mixon
Master Sergeant

Derrick Mosley
Technical Sergeant



Letter to Airmen

Michael W. Wynne
Secretary of the Air Force

7 January 2008

Make 2008 The Year of Achievement

Happy New Year! I am so proud to begin another year serving with all of you as Secretary of this great Air Force. You performed magnificently as an Air Force in 2007, and our nation needs you to have a repeat performance in 2008. As we begin this new year together, I want us all to set the personal and organizational goals necessary to capitalize on last year's efforts and make 2008 *The Year of Achievement*.

Set Your Goals for the Year. I encourage each of you to set personal goals that will take care of your mind, body and your family so you are ready to defend our great nation today and in the future. Additionally, each organization should set goals focused on accomplishing their specific missions with excellence and taking care of their people. To accomplish the Air Force Mission, General Moseley and I need every unit and individual to continue to develop, maintain and sustain the Warfighter Edge so you are prepared to fight alongside our Joint brothers and sisters anytime, anywhere.

Achieving Our Air Force Goals. In 2008, our Air Force will continue to train and equip warrior Airmen to fight and win the current war while also preparing our Air Force for the uncertain future. This year we will also continue to achieve results towards the Air Force Goals I previously established. For example, we will achieve successful results in the critical modernization of our aging aircraft inventory by putting the top two Air Force acquisition priorities on contract -- the new air refueling tanker and the new Combat Search and Rescue (CSAR) helicopter.

As we set the stage for the future, we will also break new ground by applying innovative technologies in areas such as alternative energy and cyberspace. Building on last year's certification of the B-52 to fly on synthetic fuel and the first-ever transcontinental flight on 'synfuel' by a C-17, we are taking aggressive steps to certify the entire fleet to reduce dependence on foreign oil. We will also achieve a major step towards providing global effects across our air, space and cyberspace domains when the new Air Force Cyber Command (AFCYBER) reaches Initial Operational Capability status targeted for October 2008. This new command will lead our cyberspace forces and ensure dominant air, space and cyberspace power for the 21st century.

All of the program successes we see in 2008 will result from incredible efforts by our Guard, Reserve, Active Duty and Civilian Airmen. In 2007, you did an excellent job of planting the seeds -- let us all set goals to achieve and harvest the results in 2008!

The image shows a handwritten signature in blue ink that reads "Michael W. Wynne". Below the signature, the name "Michael W. Wynne" and the title "Secretary of the Air Force" are printed in blue.

**REMEMBER:
FEB DRILL DATES ARE 16-17**

THE GUARDIAN

THE GUARDIAN IS THE UNOFFICIAL NEWSPAPER PUBLISHED BY THE 153RD AIRLIFT WING PUBLIC AFFAIRS OFFICE FOR THE MEMBERS OF THE WYOMING AIR NATIONAL GUARD. THE OPINIONS EXPRESSED HEREIN DO NOT NECESSARILY REPRESENT THOSE OF THE UNITED STATES AIR FORCE, THE WYOMING MILITARY DEPARTMENT OR THE WYOMING AIR NATIONAL GUARD.

WING COMMANDER
COL. HAROLD REED
WING PUBLIC AFFAIRS OFFICER
VACANT

WING PUBLIC AFFAIRS STAFF
STAFF SGT. REBECCA DOWNEY
STATE PUBLIC AFFAIRS OFFICER
DEIDRE FORSTER

THE GUARDIAN, 217 DELL RANGE BLVD., CHEYENNE, WY 82009
(307) 772-5253/5229, 153.PA@WYCHEY.ANG.AF.MIL

FAMILY MORALE CARE PACKAGES AVAILABLE

The Wing Family Readiness Program offers a Family Morale Care Package Program for all military members to help deployed Airmen stay connected to children.

Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided to children 6 years old and up.

Call 772-6063 for information.



PREP retreats scheduled

The 2008 PREP (Prevention and Relationship Enhancement Program) marriage retreat weekends are scheduled for:

April 18-20, in Dayton, Wyo,

August 8-10, in Buena Vista, Colo.

October 10-12, in Estes Park, Colo.

PREP is appropriate for couples at all stages of their relationship.

Couples learn important techniques for communication that can lead to stronger relationships, keeping them connected during times of separation and deployment.

To register, or for questions, contact the wing family program office.

Annual egg hunt March 15

Tickets are currently available for the annual Wing Family Program Spring Easter Egg Hunt which will be held on March 15 from 0900-1130 at the King of Glory Lutheran Church Hall, 8806 Yellowstone Rd.

Cost of each ticket is \$5. Tickets for this activity need to be purchased for children only.

All families of the 153rd Airlift Wing are welcome to attend. Fun crafts, Easter egg decorating and of course, the grand hunt for treasured eggs and candy will all be part of the festivities.

Very special treats will be provided to each child who participates.

Those wishing to attend are asked to contact Denise Rampolla, wing family readiness and support services coordinator, at denise.rampolla@wychey.ang.af.mil, or (307) 772-6063, no later than March 9 to obtain a ticket for each attending child.

A select number of tickets are available for families who wish to attend but may have difficulty purchasing a ticket for their children. Please contact the wing family readiness office for more details.

Herks Against Drunk Driving seeks volunteers

HADD, Herks Against Drunk Driving, is seeking volunteers for weekends.

HADD volunteers man cell phones from 7 p.m. to 3 a.m. Friday and Saturday nights. Any Cheyenne-area wing member who needs a safe and sober ride home can call for pickup.

Volunteers use their own vehicles and man one of two HADD cell phones.

Many HADD volunteers have accumulated more than 100 hours of volunteer time since the program's inception in August.

HADD volunteers agree to follow set rules and responsibilities, including ensuring anonymity for passengers.

More than six members have signed

up to be HADD volunteers and more than six members have safely used the program.

For more information, contact Airman 1st Class Jeffrey Elliott at (307) 772-6191.

HADD INFO

**Herks Against
Drunk Driving**

**Friday and Saturday nights
1900-0300**

**Call: (307) 220-7961 or
(307) 220-7962 for pickup.**

153RD AIRLIFT WING FAMILY READINESS PROGRAM CONTACT NUMBERS



**153RD AW FAMILY READINESS OFFICE
217 DELL RANGE BLVD.
CHEYENNE, WY 82009**

**DENISE RAMPOLLA
153RD AW FAMILY READINESS COORDINATOR
307.772.6063 OFFICE
307.214.2625 CELL**

**BILL BRECKENRIDGE
STATE FAMILY READINESS COORDINATOR
307.772.5208 OFFICE
307.631.7537 CELL**

**CHAPLAIN DOUG ARENDSEE
STATE CHAPLAIN
307.772.5098 OFFICE**

JOBS

187th AEROMEDICAL EVACUATION SQUADRON, CHIEF, AFSC X4N000, E-9:

This position is open to enlisted members of the Wyoming Air National Guard. This is a traditional position that plans, organizes and manages operations of AE training and deployments. Must have technical knowledge of nursing services, AE operations and flight management, radio operations, medical supply and equipment management. Applicants must have a Class III flight physical, be on flying status, and possess an EMT certification. Applications must include, as a minimum, a cover letter and a current resume with military and civilian education and experience. Please submit packages to Maj. Jeff Williams, 187 AES, 217 Dell Range Blvd, Cheyenne, WY 82009-4799, 772-6195 not later than **COB 3 Feb.** Nominating/selecting official – Lt. Col. Amy Olson, Commander, 187 AES.

SUPPLY MANAGEMENT OPPORTUNITY: Applications are being accepted for the position of Master Sergeant, Supply Management Specialty (AFSC: 2S071). This position is open to all Master Sergeants and promotable Technical Sergeants who currently hold the AFSC, are qualified, or are willing to retrain. Applications must include a cover letter and current resume with civilian and military experience/education and PME completion status. Applications need to be forwarded to Chief Master Sgt. Knight, 153 LGR/Supply and will be accepted until **COB 19 Feb.** Questions can be referred to Chief Master Sgt. Knight at 772-6409.

187th AIRLIFT SQUADRON COMMANDER: Applications are being accepted for the position of commander, 187th Airlift Squadron. This is a traditional position with the authorized rank of lieutenant colonel (O-5). The vacancy is open to all Wyoming Air National Guard rated officers in the rank of Lt. Col., or those who are eligible for immediate unit vacancy promotion to Lt. Col. Applications just include a cover letter stating interest in the position, a current resume with civilian and military experience/education, a current RIP (vMPF is acceptable), and a current fitness assessment. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009-4799 by **COB 25 Feb.** Nominating/selecting official: Col. Steve Rader.

DEPUTY MISSION SUPPORT GROUP COMMANDER: Applications are now being accepted for the Deputy Commander, 153rd Mission Support Group. This is a traditional position with the authorized rank of lieutenant colonel (O-5). Applicants must be
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a commissioned officer at the time of selection and be an O-5 or immediately promotable to O-5. Applications must include a cover letter stating interest in the position, a current resume with civilian and military experience/education, a current RIP (vMPF is acceptable), and a current fitness assessment. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799 by **COB 1 March.** Nominating/selecting official – Col. Debbie Henson.

SNCO VACANCY ANNOUNCEMENT – 153 MXS / ENGINE SHOP: Applications are being accepted for the position of Aircraft Engine Mechanic, Master Sergeant AFSC 2A671B. This is a Traditional position with a maximum grade of E7. This position requires the individual to assess, plan, organize, initiate and complete maintenance activities within the Propulsion Section. Supervision of subordinates, technical expertise, and system knowledge are a must in this position. Please submit packages to Senior Master Sgt. Patrick Smith, 153 MXMP, 217 Dell Range Blvd., Cheyenne, WY 82009 by **COB 2 March.** Please refer questions to Master Sgt. John Escobedo at 772-6372.

NCO VACANCY – 153rd MEDICAL GROUP: Applications are being accepted for the position of Public Health Technician, Staff Sergeant, AFSC 4E0X1. This is a traditional NCO position and maximum authorized grade is E5. Organizes and assists in communicable disease prevention and control programs. Controls disease transmission through patient interviews, epidemiological investigations, and patient education. Advises professionals on control measures. Updates and completes associated records and forms. Investigates disease outbreaks. Collects and compiles epidemiological data. Identifies, evaluates and reports trends. Provides administrative oversight to the PIMR program. Gathers data, produces rosters and reports for Primary Care Management Teams, Unit personnel and both medical and line leadership. Provides immunizations policy input to the Population Health Function and produces rosters and reports for healthcare provider teams and line unit personnel. Completion of high school courses in algebra II, physics, chemistry, biology, and English composition is desirable. Please submit packages to Chief Master Sgt. Kristin Maurer, 153 MDG, 217 Dell Range Blvd, Cheyenne, WY 82009-4799, 772-6426 not later than **COB 2 March.** Nominating/selecting official – Col. Stanley D. Bruntz, Commander, 153 MDG.

SENIOR NCO VACANCY – 153rd MEDICAL GROUP: Applications are being accepted for the position of Public Health Craftsman, Master Sergeant, AFSC

4E0X1. This is a traditional NCO position and maximum authorized grade is E7. Organizes and assists in communicable disease prevention and control programs. Controls disease transmission through patient interviews, epidemiological investigations, and patient education. Advises professionals on control measures. Updates and completes associated records and forms. Investigates disease outbreaks. Collects and compiles epidemiological data. Identifies, evaluates and reports trends. Provides administrative oversight to the PIMR program. Gathers data, produces rosters and reports for Primary Care Management Teams, Unit personnel and both medical and line leadership. Provides immunizations policy input to the Population Health Function and produces rosters and reports for healthcare provider teams and line unit personnel. Completion of high school courses in algebra II, physics, chemistry, biology, and English composition is desirable. Please submit packages to Chief Master Sgt. Kristin Maurer, 153 MDG, 217 Dell Range Blvd, Cheyenne, WY 82009-4799, 772-6426 not later than **COB 2 March.** Nominating/selecting official – Col. Stanley D. Bruntz, Commander, 153 MDG.

NCO VACANCY – 153rd MEDICAL GROUP: Applications are being accepted for the position of Education and Training Manager, Technical Sergeant, AFSC 3S2X1. This is a traditional NCO position and maximum authorized grade is E6. Conducts education and training (E&T) tasks for medical, medical readiness operations, and support training; education services; curriculum development; and instructor activities. Develops, delivers, and evaluates E&T programs and oversees E&T supervisor activities. Please submit packages to Chief Master Sgt. Kristin Maurer, 153 MDG, 217 Dell Range Blvd, Cheyenne, WY 82009-4799, 772-6426 not later than **COB 2 March.** Nominating/selecting official – Col. Stanley D. Bruntz, Commander, 153 MDG.

OFFICER VACANIES – 153rd MEDICAL GROUP: Applications are now being accepted for two Medical Service Corps Of-

Continued on page 5

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

JOBS CONT

Continued from page 4

ficer (41A1) positions. These positions are traditional officer positions with a maximum authorized grade of O4. These positions are open to all Wyoming Air National Guard personnel (enlisted and officer) who are able to meet the following minimum requirements of AFMAN 36-2105; possess a graduate degree in health care administration, hospital administration, public administration, business administration or management, information systems management, or equivalent and be commissioned before their 47th birthday; take the GRE or GMAT test (unless enrolled in a master's degree program); meet medical requirements in AFI 48-123; and meet ANG security clearance requirements. Application packages must include, but not limited to, the following; (1) cover letter requesting consideration; (2) AF Form 24 (enlisted applicants only); (3) resume to include civilian and military education and experience; (4) college transcripts from an accredited 4 yr college/university (enlisted applicants only); (5) letters of recommendation (optional). Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009-4799 no later than **COB 2 March**. Please direct any questions to Chief Maurer at 772-6426. The nominating/selecting official is Col. Stanley Bruntz, Commander, 153 MDG.

TRADITIONAL VEHICLE OPERATOR/DISPATCHER: Applications are being accepted for the position of Vehicle Operator/Dispatcher, AFSC 2T171. This position is located in the 153rd vehicle maintenance section. The authorized grade is Master Sergeant. This position is open to all members of the WyANG in the ranks of Master Sergeant and Technical Sergeant who are immediately promotable and who can meet the following requirements. Must have experience in, customer service, experience working with vehicle control officers, coordination with using organizations, trip routing and scheduling and other transportation request. Applications must include, but not limited to the following: (1) Cover letter requesting consideration; (2) Resume to include civilian and military experience; (3) A current RIP showing completed PME (4) A current fitness assessment with a fitness score of 70 or better. Applications must be turned into Senior Master Sgt. Terrell McAllister at the vehicle maintenance section by **COB on March 5**.

FLIGHT ENGINEER VACANCY: A Master Sergeant position is open to eligible applicants in the flight engineer section. Applicants must possess or be eligible for the

AFSC X1A171C. All interested applicants will submit a cover letter and resume of qualification to Chief Master Sgt. Roger A. Woolington by **COB 11 March**. A board will be established to review applications and interview applicants.

FIRST SERGEANT VACANCY – Applications are now being accepted for the First Sergeant position (AFSC 8F000) in the 153 LRS. This Master Sergeant position is open to any enlisted member in the grade of Technical Sergeant who is immediately eligible for promotion IAW ANGI 36-2502 or any Master Sergeant. Applicants must meet all requirements outlined in AFI 36-2113, Chapter 10, meet ASVAB requirements prior to interview, score a minimum of 75 on the fitness assessment, and applicants overall image must exceed standards. Mandatory Service Commitment is 3 years from the date of assignment for the 8F000 SDI and will not exceed 6 years from the date of the First Sergeant Academy graduation. All applications packages are due to Commander, 153 LRS or Wing CCM, Chief Master Sgt. Loftin, by **COB 18 March** and must include a cover letter, resume, RIP, and fitness assessment.

OFFICER APPOINTMENT – NAVIGATOR (C-130): Applications are now being accepted for UNDERGRADUATE NAVIGATOR TRAINING, AFSC 12M3B. This position is located in the 187th Airlift Squadron. Applicants must be able to enter training prior to age 30; qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. For application procedures contact Master Sgt. Hondel, 153 MPF, (307)772-6457. For AFOQT info Senior Master Sgt. Helart, 153 MPF (307)772-6104. Application packages must include: 1. Cover letter requesting consideration, 2. AF Form 24 (enlisted and civilian applicants only), 3. Resume to include civilian and military education and experience, 4. Official college transcripts (enlisted and civilian applicants only), 5. Two letters of supervisory references, 6. AFOQT scores, 7. Any private flying paperwork. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799.

243 ATCS TRADITIONAL MAINTENANCE POSITIONS: The commander of the 243rd Air Traffic Control Squadron is accepting applications for Airfield Systems Maintenance; Supply Management; Heating, Air, Ventilation; Power Production; and Ground Radar Maintenance. These are traditional positions with some authorized ranks

through MSgt for qualified candidates and ultimate potential for Chief Master Sergeant. These positions are open to any enlisted member of the WyANG. Cross-trainees are welcome. Applicants may contact Senior Master Sgt. Greg Wheeler at ext. 6290.

CACS OPPORTUNITIES: The 153rd Command and Control Squadron located on F.E. Warren Air Force Base, has immediate openings for anyone with a desire to work in a fast-paced environment while going to college. The squadron welcomes all cross-trainees from several career fields and all branches of service. CACS currently has openings in: 3E451-Utilities Systems, 3M071-Services, 2T351-Vehicle Maintenance, 2E151-Satellite, Wideband, and Telemetry Communications Systems, 2E271- Computer, Networking, Systems, and Cryptographic Systems, 2E153-Ground Radio, 3C051-Communications-Computer Systems, 3C151-Radio Operation Systems, 3C251-Communications-Computer Systems Control. For more information contact Master Sgt. Priest at 773-6715 or a WyANG recruiter at 772-6333.

TRADITIONAL – MANAGEMENT ANALYST/STANDARDIZATION EVALUATION SPECIALIST: The 153rd Communications Flight is now accepting applications for a Standardization Evaluation Specialist. This is a traditional position with the authorized rank of Senior Master Sergeant. All immediately promotable Technical Sergeants and all Master Sergeants are welcome and encouraged to apply. Applications must include a cover letter, a current resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment and proof of a current SECRET clearance. Upon selection, the applicant must complete SF 86 for TOP SECRET clearance. Duties and Responsibilities: Evaluates mission effectiveness, using standardized and locally developed evaluation programs and processes. Responsible for the scheduling and accomplishment of managerial, personnel, technical and special evaluations. Collectively evaluates management effectiveness, performance and technical proficiency of assigned personnel, equipment, and systems condition. Coordinates and/or conducts management studies of organization, staffing, work measurement, methods, or procedures. Monitors unit standardization/evaluation programs by ensuring adherence to applicable directives. Responsible for ensuring military duty position standards are established. Defines metrics and measure progress toward accomplishment of plans, programs, goals, objectives. Must possess managerial, leadership, and good communication skills. Direct questions to Chief Master Sgt. Perkins, chief, Stan-Eval, 153 CF at 772-6478.

Skillful communication is a key to success

By Chief Master Sgt. David St. John

Have you noticed that many of the people we consider impressive leaders are skillful communicators? Have you also noticed that many of the problems that occur in an organization are the result of failed communications? Understanding a few things about the exchange of information may help you become a better leader.

When we speak, two main things come through, the content of the message and the context of the message.

The content of the message are the spoken or written words of the message. We all use and interpret the meanings of words differently, so even simple messages are misunderstood.

Context is the way the message is delivered. It includes the tone of voice, the look in the sender's eyes, body language, hand gestures, and state of emotions (anger, fear, uncertainty, confidence, etc.) that are detected.

Context often causes messages to be misunderstood as we believe what we see more than what we hear; they are powerful communicators that help us to understand each other.

Indeed, we often trust the accuracy of nonverbal behaviors more than verbal behaviors.

Two tools we can use to overcome the communication blockers are active

CHIEFS' COUNCIL CORNER

listening and feedback. Listening is divided into two main categories: passive and active. Passive listening is little more than hearing.

Active listening involves listening with a purpose. It may be to gain information, obtain directions, understand others, solve problems, share interest, see how another person feels, show support, etc. It requires that the listener attends to the words and the ac-

tions of the sender for understanding. It requires the receiver to hear the various messages, understand the meaning, and then verify the meaning by offering feedback.

The purpose of feedback is to change and alter messages so the second communicator understands the intention of the original communicator. It includes verbal and nonverbal responses to another person's message.

Accomplish feedback by paraphrasing the words of the sender. Restate the sender's ideas in your own words, rather than repeating their words.

Your words should be saying, "This is what I understand your messages to be, am I correct?" It not only includes verbal responses, but also nonverbal ones.

Using a technique such as this helps make the content of the message clear. Receiving feedback lets the original communicator know if they are being a clear and concise communicator.

Free tax help

With military W-2's now available at MyPay, the inevitable, often painful process of filing your taxes is here. Fortunately, once again this year, military members have several options for federal tax preparation assistance including FREE filing.

- All members of the Wyoming National Guard including the 30 AS can also use FREE tax software and FREE federal filing through the website www.militaryonesource.com. The Department of Defense has arranged through this website to make available H & R Block's TaxCut Basic electronically – this is the same program as last year and will work for most members. One must create a log on account with MilitaryOneSource to use this service, but that too is free.

- For active duty members, such as members of the 30 AS or active duty dependants, the F. E. Warren Legal Office runs a tax center that will open 4 February. The tax center will begin accepting appointments next week. Their phone number is 773-5829. They offer full assistance for the non-business owner (a rental is okay) including free filing.

- For those preferring or required to do their own, www.irs.gov remains a first rate website with every form and almost every publication the IRS has available for download and printing 24 hours a day. For business owners, tax preparation software works well as will of course local tax preparation services, all now offering electronic filing. Remember, the cost of tax preparation services, including software, is deductible!

GUEST COLUMN

- Additionally, the 153 AW legal office has a limited supply of IRS Publication 17, The 2007 Tax Guide, which collects in one publication most needed information for a non-business owner to do their federal taxes. Stop by to get a copy – first come, first served!

- For deployment related tax questions, go to irs.gov and get Publication 3, Armed Forces Tax Guide, or do a search there for "military deployments."

The 153 AW Legal Office can also help with specific tax questions although we cannot prepare your taxes. Call Lt. Col. Chris Smith at (307) 773-6759. Good Luck!

Find technician and AGR jobs at:
<http://www.wy.ngb.army.mil/HRO/default.asp>

30th under new command

Lt. Col. Jeffrey “Pep” DeVore assumed command of the 30th Airlift Squadron in a ceremony Jan. 5.

The 30th Airlift squadron is the Air Force’s first active duty combat airlift associate unit, integrating all operations, maintenance and support functions with the 153rd Airlift Wing, Wyoming Air National Guard.

As the 30th Airlift Squadron commander, DeVore will serve as commander in charge of the 140-person squadron tasked with providing worldwide C-130 combat aerial delivery, maintenance and support.

DeVore takes command from Lt. Col. Steven L. Hopkins. Hopkins has been assigned to Scott Air Force Base, in Illinois, as deputy director of operations management for the Tank-

er Airlift Control Center.

“I am very honored and humbled to be taking command of the 30th Airlift Squadron. I look forward to keeping up the great relationships we have with the Wyoming Military Department and the 153rd Airlift Wing,” DeVore said. “We have a long way to go and I hope my presence will be a positive influence on both the Air Force and the Air National Guard. I am a member of the Active Duty, but make no mistake, I represent the Total Force.”

DeVore previously served as the second in command of the 30th. He has served in the Air Force for 15 years in various positions at the squadron, group, wing, and headquarters level.

W2 STATEMENTS ONLY AVAILABLE ON MYPAY

Remember: W2’s are only available through MYPAY. Hard copies through the mail will no longer be sent to technicians, AGR employees, or traditional members.

Technicians can find their’s on MYPAY now; AGR employee W2 statements will be available beginning Jan. 22.

Traditional W2 statements also are available on MYPAY .

Get with finance to get a new MYPAY pin, if necessary.



Accidents can be avoided with proper planning

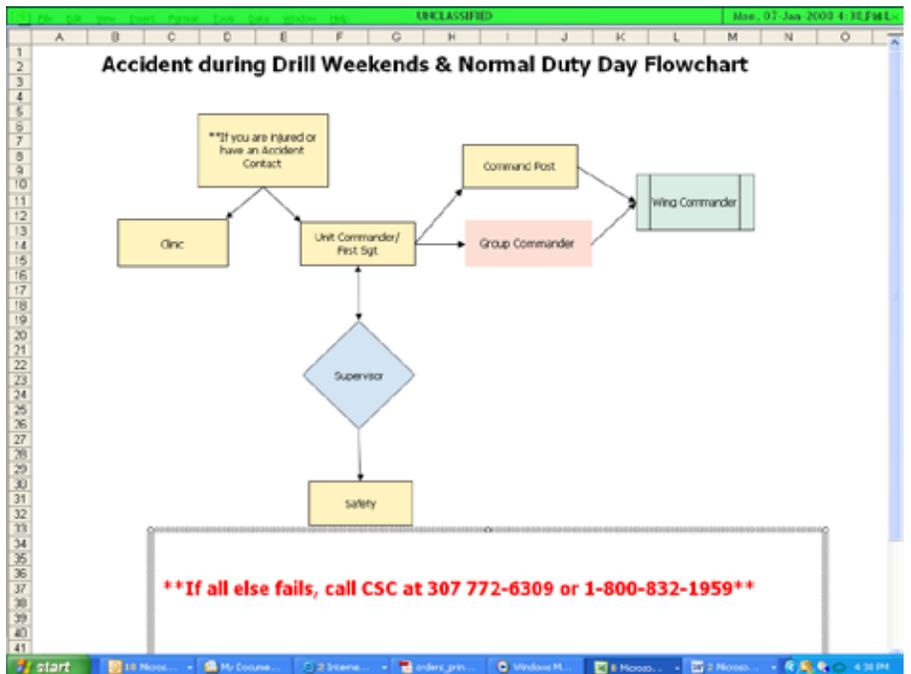
As we all know accidents are part of life.

If that wasn’t true why do we have erasers on pencils, washing machines, vacuum cleaners, comet and spic & span? Reason is accidents happen.

Accidents are caused by inattention, taking chances, bad judgment, fatigue, and horseplay. Other causes are poor instruction (not reading manuals); missing guards, unsuitable clothing, defective equipment, insufficient working space and poor lighting just to name a few.

The first step in preventing personal injury is to familiarize yourself with any new tool before using it, read the manual, and do a dry run with the machine unplugged. Only use a tool or machine for its intended purpose. It is a good idea to think an operation through before beginning it, never put yourself in a compromising situation, even just for a second. Don’t try to be the “Incredible Hulk” if it is a two person job don’t try to do it alone, wait until assistance is available.

If you work in an industrial setting



these are some good rules to follow. A clean and neat shop is a safe shop, have a garbage can handy, designate where hand tools are stored, sort nails, screws, and other hardware in containers. Sweep up at the end of the day; you will feel much better coming back into a clean shop. Stop work when you become tired or fatigued, never start work

if you are under the influence of medication, alcohol or drugs.

Last but not least, invest in the best and most comfortable personal protection equipment you can afford, use them religiously. Now, if you do find yourself injured while performing duties for the WyANG, follow the proper procedure to report the accident.

PASS & REGISTRATION SECURITY CLEARANCES

In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to a change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.

Address all Pass & ID questions to Master Sgt. Nate Cook at 772-6192.

The 153rd Security Forces Squadron Personnel Security office is open Monday-Friday 0700-1630, Phoenix Fridays prior to UTAs, and on UTAs from 0700 – 1530 for assistance with security clearances. First preference will be given to new members who live out of town. Please address all security clearance questions to Mr. Dave Smith at 772-6145.

CLINIC INFO

Physical Health Assessments (PHA) are conducted Saturday of the UTA, 0830-1130 and once per quarter, we will offer Friday PHAs, 0830 - 1130 (Dec., March, June, and Sept. drills).

The 30 AS Flight Surgeon Office is now open 0700-0900 every duty day.

Please contact your unit health monitor to set up your PHA appointments. Immunizations are given in the Clinic on Fridays (quarterly) and Saturdays of drill weekend and during weekday duty hours between the hours of 0700-0900.

REMEMBER, the member MUST be on status (UTA/AT/PM) to be eligible for the

vaccination. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process on Saturday of drill.

The clinic is open Sunday of drill from 0800-1000 hours for administrative purposes only, but this does not include out-processing.

Health Promotion classes, Fitness and Cholesterol, have now been combined and will be held at 0900 in the mezzanine, Saturday of drill. You will be scheduled through your unit health monitor following failure of Fit Test or through the clinic, following abnormal test results receipt. If you have any questions please call ext. 6329, 6251, or 6426.

ITEMS OF NOTE

COMMANDERS' CALL – Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 – 0700.

CHAPEL SERVICE – Held from 0730-0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom.

**WYOMING AIR NATIONAL GUARD
217 DELL RANGE BLVD.
CHEYENNE, WY 82009**