



THE GUARDIAN

A Publication of the Wyoming Air National Guard

July 2008

NEWCOMERS

187 AS

THOMAS BUFFINGTON

SVEND LARSEN



243 ATC

MITCHELL ANDERSON

NICHOLAS GOERING



153 CACS

DARCY MIXON



153 CES

COULTER CARLSON

CARL MALONE



153 LRS

TODD HUGHES

TRAVIS JAMES

JOSHUA MATA



153 CF

JAMES SANDERS



153 MDG

RACHEL LABONTE



187 AES

NATALIE STANLEY

ANDREA WHEELER



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Stay safe in the summer months

By Master Sgt. Aaron Smith,
153rd Airlift Wing safety superintendent

Summer is just around the corner, and many of us are daydreaming about our favorite warm weather activities. All of our summer plans can be great fun if we keep safety in mind.

The summer, unfortunately, is also a time when there is increased risk, and more mishaps occur in three short months than during the rest of the year. For this reason, the Air Force recognizes the time from Memorial Day weekend through the Labor Day weekend as the "101 Critical Days."

Some reasons for the increased risk are we spend more time in outdoor activities and less time paying attention to the hazards. We may overextend our physical capabilities and fail to give our bodies time to rest. At times, we are thinking about our weekend or vacation plans instead of focusing on our work. Fatigue and inattention are factors in many mishaps. Alcohol abuse is another factor.

The number one cause of serious injuries and fatalities to Air Force people during the "101 Critical Days" is motor vehicle mishaps. Many factors are involved in these mishaps including driving when fatigued or under the influence of alcohol or drugs, speeding, not using seat belts, and failing to recognize and react to road hazards.

The second leading cause of summer fatalities is from drowning. Most wa-

ter safety tips involve simple common sense: wear Coast Guard approved life preservers on boats and on docks. Learn to swim. Know your limits and don't swim beyond your capabilities. Never swim alone. Never dive into shallow water or water of unknown depth. Supervise children at all times around water, including backyard wading and swimming pools.

The third leading cause of summer fatalities involves vacations. Vacations are too few, too far between and too brief. No wonder we try to squeeze them for every bit of enjoyment we can muster. As a result, we tend to overdo it.

Here are some helpful summer vacation tips:

Carry a first aid kit. Your kit should contain bandages, sterile gauze, adhesive tape, scissors, an elastic bandage, acetaminophen, a thermometer, medicated ointments, tweezers, calamine lotion, antiseptic soap, hand towels, a small flashlight and important numbers. Also, learn first aid measures and carry a first aid book.

Beat the heat. Except for the cold, heat kills more Americans than any other natural hazard, including hurricanes, tornadoes, floods and earthquakes. To have fun in the hot summer sun, restrict strenuous activities to the coolest part of the day. Avoid direct exposure to the sun between 10 a.m. and 3 p.m., when the sun's rays are the strongest.

Continued on page 2

GUEST COLUMN

PROMOTIONS

187 AS
THEODORE R. ANTHONY
SENIOR MASTER SERGEANT

153 CACS
SPENCER E. JOHNSON
STAFF SERGEANT

153 CES
FRANK H. WILSON JR.
TECHNICAL SERGEANT

HADD INFO HERKS AGAINST DRUNK DRIVING

Need someone to drive you home?
Call one of the Wing volunteers
for safe and confidential
transportation.

Friday and Saturday nights
1900-0300
Call: (307) 220-7961 or
(307) 220-7962
for pickup

AUTHORIZED HOTELS

HOLIDAY INN
204 W. FOX FARM RD.
(307) 638-4466
\$53.00 CONTRACTED PRICE

FAIRFIELD INN
1415 STILLWATER AVE.
(307) 637-4070
\$58.00 CONTRACTED PRICE

LA QUINTA INN
2410 W. LINCOLNWAY
(307) 632-7117
\$52.00 CONTRACTED PRICE

CROW CREEK INN
FE WARREN AFB
(307) 773-1844 EXT. 4514
\$30.50 - \$33.00 CONTRACTED PRICE

Commander's column: We know we can win



COL. HAROLD REED
COMMANDER
153RD AIRLIFT WING

Welcome to another beautiful Wyoming summer!

Please remember to work hard and play hard, but please remember to stay safe. As the safety office says, "Safety is no accident"...so work toward it.

I also want to take one last opportunity to talk about the ORI the Wing just completed.

I said it at Commander's Call and want to reiterate: I am disappointed in the grade that we received. I am NOT disappointed in your performance.

We trained for war and executed war scenarios the way we would do it in a real-world situation. We may not have followed the IG scenario to a "T," but I guarantee you we proved

that we can fight and win a war.

We send our Airmen to the war all the time. We execute or mission everyday. We have proven where it really matters that we can safely and effectively win a war. The grade has not changed my mind one bit about that. I will go to war with any one of you, at any time.

Pay attention to summer heat

Continued from page 1

Wear loose fitting, lightweight and light colored clothing that reflects the heat and sunlight. To stay cooler on long walks, consider investing in garments made from new high-tech fabrics.

Drink lots of water and other non-alcoholic fluids before, during, and after strenuous activity. And drink even if you don't feel thirsty. Adjust to hot environments gradually. It usually takes a couple of days to acclimate to hot weather.

Avoid direct sunlight as much as possible. Use a sun screen with a "sun protection factor" that matches your skin type. Don't wear a snug hat, since your body's heat needs to escape from your head.

To protect your eyes from the sun's ultraviolet rays, wear sunglasses that shield against UVA and UVB rays. A broad brimmed hat will also help.

If you're on a prescription, consult your doctor on possible side effects in hot weather.

Eat light, nutritious meals and avoid fatty foods.

THE GUARDIAN

THE GUARDIAN IS THE UNOFFICIAL NEWSPAPER PUBLISHED BY THE 153RD AIRLIFT WING PUBLIC AFFAIRS OFFICE FOR THE MEMBERS OF THE WYOMING AIR NATIONAL GUARD. THE OPINIONS EXPRESSED HEREIN DO NOT NECESSARILY REPRESENT THOSE OF THE UNITED STATES AIR FORCE, THE WYOMING MILITARY DEPARTMENT OR THE WYOMING AIR NATIONAL GUARD.

WING COMMANDER
COL. HAROLD REED
STATE PUBLIC AFFAIRS OFFICER
DEIDRE FORSTER

WING PUBLIC AFFAIRS OFFICERS
TECHNICAL SGT. RUSTY RIDLEY
SENIOR AIRMAN BERLINDA WHITE

THE GUARDIAN, 217 DELL RANGE BLVD., CHEYENNE, WY 82009
(307) 772-5253/5935, 153.PA@WYCHEY.ANG.AF.MIL

FAMILY MORALE CARE PACKAGES AVAILABLE

The Wing Family Readiness Program offers a Family Morale Care Package Program for all military members to help deployed Airmen stay connected to children.

Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided to children 6 years old and up.

Call 772-6063 for information.



153RD AIRLIFT WING FAMILY READINESS PROGRAM CONTACT NUMBERS

153 AW FAMILY READINESS
OFFICE
217 DELL RANGE BLVD.
CHEYENNE, WY 82009

DENISE RAMPOLLA
153 AW FAMILY READINESS
COORDINATOR
(307) 772-6063 OFFICE
(307) 214-2625 CELL

BILL BRECKENRIDGE
STATE FAMILY READINESS
COORDINATOR
(307) 772-5208 OFFICE
(307) 631-7537 CELL

CHAPLAIN DOUG ARENDSEE
STATE CHAPLAIN
(307) 772.5098 OFFICE



WYANG Frontier Days Family Parade Float

Celebrate military families! Come on down and bring the Family to ride on the Wyoming National Guard Family Program Frontier Days Parade.

The Float will be located on the east side of the Capitol on Central Avenue. Parades start promptly at 9:30 a.m. so those wishing to ride on the float each day need to be on board by 9:15 a.m. Dates for this year's parade are July 19, 22, 24 and 26. All families of the WyANG, and 30th AS are welcome and encouraged to participate.

Children under 10 require adult supervision to ride on the float. Please contact Ms. Arloa Pike at 772-5048 for more information.

Wyoming National Guard Day Camp

The WYyNG Child and Youth Program will host its Third Annual Day Camp on Aug. 2, from 9-3 at Lions Park in Cheyenne. Children who have a close family member (parent, step-parent, grandparent, aunt, uncle, sibling, etc.) AND will be entering grades K-6 in the fall of 2008 are eligible to attend.

Space is limited so reserve a spot early by contacting Robin Gorsuch, WyNG state youth coordinator, 772-5018, robin.gorsuch@us.army.mil, or Denise Rampolla, WyANG family readiness and support services coordinator at 3772-6063, denise.rampolla@wychey.ang.af.mil. Cut off for registration is July 25.

There will be new activities this year as well as favorites from previ-

ous years.

Approximately 50 WyNG youth attended last year and had a great time making tie-dye T-shirts, homemade ice cream, bottle rockets and most importantly, friends with other Guard kids. This camp is possible through the generous support of Boy Scout Pack 221.

Enhance your relationship during retreat

The 2008 PREP (Prevention and Relationship Enhancement Program) marriage retreat weekends are scheduled for:

August 8-10, in Buena Vista, Colo.

October 10-12, in Estes Park, Colo.

PREP is appropriate for couples at all stages of their relationship.

Couples learn important techniques for communication to keep them connected during times of separation and deployment.

To register, or for questions, contact the wing family program office.

Come fly with us

The annual C-130 spouse orientation flight will be held on July 12.

Please note this is a spouse flight only. Participants must be married to members of the Wyoming Air National Guard. Children, significant others and parents are not permitted to participate at this time.

Spouses need to be at Operations in Building 16 by 9:30 a.m. July 12 to participate. No shorts, sandals or slide on shoes will be permitted for safety reasons.

Space is limited to 25 participants.

Please contact Denise Rampolla to reserve a seat for the flight.

JOBS

OFFICER APPOINTMENT – PILOT

(C-130): Applications are being accepted for UNDERGRADUATE PILOT TRAINING, AFSC 11M2B. This position is located in the 187th Airlift Squadron. Applicants must be able to enter training prior to age 30; qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. Applications must be received by **COB 8 July**. For application procedures contact Master Sgt. Hondel, 153 MPF, (307) 772-6457. For AFOQT info contact Senior Master Sgt. Helart 153 MPF (307) 772-6104. Application packages must include: 1. Cover letter requesting consideration, 2. AF Form 24 (enlisted and civilian applicants only), 3. Resume to include civilian and military education and experience, 4. Official college transcripts (enlisted and civilian applicants only), 5. Two letters of supervisory references, 6. AFOQT scores, 7. Any private flying paperwork. Nominating/Selecting Official: Lt. Col. Champlin, 187AS/CC (307) 772-6332. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009.

TRADITIONAL AERIAL PORT SUPERINTENDENT:

Applications are being accepted for the position of Traditional Aerial Port Superintendent, 2T200. This position is located in the 153 APF, WY ANG, and is authorized the grade of Chief Master Sgt. This position is open to members of the Wyoming Air National Guard who can meet the following requirements: experience in supervising and directing aerial port functions such as planning and executing budget requirements, establishing and documenting policies, and effective force and resource management. Applications must include but are not limited to the following, a cover letter requesting consideration and a resume including military and civilian experience that apply to this position. Applications must be turned in to the nominating/selecting official, 1st Lt. James Peterson, 153rd LRS/LGRT, by **COB 3 August**.

PERSONNEL JOURNEYMAN POSITION:

Applications are being accepted for a traditional 3S071 position in the Joint Force Headquarters – Wyoming.

Authorized grade is a Technical Sergeant. This position is open to all enlisted members of the WY ANG. If required to retrain, member must attend the first available class. Applications should be sent to SMSgt Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd, Cheyenne, WY 82009 not later than **COB 3 Aug**. Nominating official: Col. Stephan Pappas.

187 AES TRADITIONAL POSITIONS: The commander of the 187th Aeromedical Evacuation Squadron is accepting applications for Medical Administration, Aeromedical Technician, and Radio Communications. These are traditional position with the authorized rank of Master Sergeant. Applications must include but are not limited to the following: a cover letter requesting consideration, a current resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment. Applicants may direct questions to Maj. Williams at ext. 6195. Applications must be turned in to Chief Master Sgt. Travis Miller by **COB 3 Aug**.

OFFICER VACANCY – 153rd Medical Group.

Applications are being accepted for the position of Health Services Administrator (O4). This position is open to all officers, captains and above who are able to meet the following minimum requirements. Applicants must possess: A graduate degree in health care administration, hospital administration, public administration, business administration or management, information systems management or equivalent; or an undergraduate academic major in accounting, business administration or management, computer science, information systems, economics, finance, health care administration, marketing, public administration, clinical or health systems engineering, or other related business field. Application packages must include, but are not limited to the following: (1) Cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional). Please submit packages to Master Sgt. Denise Hondel, 153 AW/MPF, 217 Dell Range Blvd., Cheyenne, WY, 82009-3320, 772-6457 by **COB 6 Aug**. Nominating/selecting official is Col. Stanley D. Bruntz, 153 MDG.

OFFICER VACANCY – 153rd Medical Group.

Applications are being accepted for the position of Clinical Nurse. This is a traditional position and maximum authorized grade is Major. This position is open to all officers and enlisted who are able to meet the following

minimum requirements. Applicants must be a graduate from an accredited school of nursing acceptable to the Surgeon General, HQ USAF, and must possess a bachelor's degree, preferably in nursing, management, social or behavioral sciences, or education. Application packages must include, but are not limited to the following: (1) Cover letter requesting consideration; (2) current resume to include civilian and military education and experience; (3) letters of recommendation (optional). Please submit packages to Master Sgt. Denise Hondel, 153 AW/MPF, 217 Dell Range Blvd., Cheyenne, WY, 82009-3320, 772-6457 by **COB 6 Aug**. Nominating/selecting official is Col. Stanley D. Bruntz, 153 MDG.

FIRST SERGEANT VACANCY –

Applications are now being accepted for the First Sergeant position (AFSC 8F000) in the 153 LRS. This Master Sergeant position is open to any enlisted member in the grade of Technical Sergeant who is immediately eligible for promotion IAW ANGI 36-2502 or any Master Sergeant. Applicants must meet all requirements outlined in AFI 36-2113, Chapter 10; meet ASVAB requirements prior to interview; score a minimum of 75 on the fitness assessment; and applicants overall image must exceed standards. Mandatory Service Commitment is three years from the date of assignment for the 8F000 SDI and will not exceed six years from the date of the First Sergeant Academy graduation. All applications packages are due to Commander, 153 LRS or Wing CCM, Chief Master Sgt. Loftin, by **COB 15 Aug**, and must include a cover letter, resume, RIP, and fitness assessment.

OFFICER APPOINTMENT – NAVIGATOR

(C-130): Applications are now being accepted for UNDERGRADUATE NAVIGATOR TRAINING, AFSC 12M3B. This position is located in the 187th Airlift Squadron. Applicants must be able to enter training prior to age 30; qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. For application procedures contact Master Sgt. Hondel, 153 MPF, (307)772-6457. For AFOQT info Senior Master Sgt. Helart, 153 MPF (307)772-6104. Application packages must include: 1. Cover letter requesting consideration, 2. AF Form 24 (enlisted

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JOBS CONT

Continued from page 4

and civilian applicants only), 3. Resume to include civilian and military education and experience, 4. Official college transcripts (enlisted and civilian applicants only), 5. Two letters of supervisory references, 6. AFOQT scores, 7. Any private flying paperwork. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799.

CHAPLAIN ASSISTANT OPPORTUNITY (TRADITIONAL/E-5): The chaplain's office is looking for someone personable, who enjoys working with people and has good computer skills; musical abilities are a plus. Duties include supporting spiritual ministry in religious observances and pastoral care. This would involve accompanying Chaplains on visitations around the Wing, performing briefings, setting up for worship services and creating worship service bulletins, compiling statistical reports, and serving as the "eyes and ears" of the Chaplains regarding the spiritual welfare of the Guard community and more. For more information call Master Sgt. Marcy Headstream, 772-6061/773-6059, or Lt. Col. Doug Arendsee, 772-5098/421-2189.

243 ATCS TRADITIONAL MAINTENANCE POSITIONS: The commander of the 243rd Air Traffic Control Squadron is accepting applications for Airfield Systems Maintenance; Supply Management; Heating, Air, Ventilation; Power Production; and Ground Radar Maintenance. These are traditional positions with some authorized ranks through Master Sergeant for quali-

fied candidates and ultimate potential for Chief Master Sergeant. These positions are open to any enlisted member of the WyANG. Cross-trainees are welcome. Applicants may contact Senior Master Sgt. Greg Wheeler at ext. 6290.

CACS OPPORTUNITIES: The 153rd Command and Control Squadron located on F.E. Warren Air Force Base, has immediate openings for anyone with a desire to work in a fast-paced environment while going to college. The squadron welcomes all cross-trainees from several career fields and all branches of service. CACS currently has openings in: 3E451-Utilities Systems, 3M071-Services, 2T351-Vehicle Maintenance, 2E151-Satellite, Wideband, and Telemetry Communications Systems, 2E271- Computer, Networking, Systems, and Cryptographic Systems, 2E153-Ground Radio, 3C051-Communications-Computer Systems, 3C151-Radio Operation Systems, 3C251-Communications-Computer Systems Control. For more information contact Master Sgt. Priest at 773-6715 or a WyANG recruiter at 772-6333.

TRADITIONAL - MANAGEMENT ANALYST/STANDARDIZATION EVALUATION SPECIALIST: The 153rd Communications Flight is now accepting applications for a Standardization Evaluation Specialist. This is a traditional position with the authorized rank of Senior Master Sergeant. All immediately promotable Technical Sergeants and all Master Sergeants are welcome and encouraged to apply. Applications must include a cover letter, a current resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment and proof of a current

SECRET clearance. Upon selection, the applicant must complete SF 86 for TOP SECRET clearance. Duties and Responsibilities: Evaluates mission effectiveness, using standardized and locally developed evaluation programs and processes. Responsible for the scheduling and accomplishment of managerial, personnel, technical and special evaluations. Collectively evaluates management effectiveness, performance and technical proficiency of assigned personnel, equipment, and systems condition. Coordinates and/or conducts management studies of organization, staffing, work measurement, methods, or procedures. Monitors unit standardization/evaluation programs by ensuring adherence to applicable directives. Responsible for ensuring military duty position standards are established. Defines metrics and measure progress toward accomplishment of plans, programs, goals, objectives. Must possess managerial, leadership, and good communication skills. Direct questions to Chief Master Sgt. Perkins, chief, Stan-Eval, 153 CF at 772-6478.

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

Chief urges all to enroll in the VA for important benefits

By Chief Master Sgt. Jan "2-Tall" Arnold
153rd Airlift Wing

There are many of us who have deployed and are eligible for benefits provided by the Veterans Administration who have not enrolled. There have been VA representatives available at the in-process lines at the desert returns providing enrollment forms and information on VA benefits. And yet the Wyoming Air National Guard has a high percentage of veterans that have NOT enrolled.

The enrollment process requires completion of a VA enrollment form (1010EZ), and a copy of the most recent DD214. Enrollment MUST occur during this first 5 years—after that, the eligibility for enrollment expires. If you fail to enroll, there is a possibility that you could forfeit VA benefits after the enrollment period expires.

This enrollment period has recently changed from two to five years, extending the period of health care eligibility from the most recent date of discharge or release from Active Duty.

All veterans who have served in OEF or OIF, including activated Reservists and members of the National Guard, have special enrollment eligibility for VA health care. All OEF/OIF veterans have that five-year window of opportunity to enroll for VA health care; the five years start once they come off of active duty orders. Once enrolled, OEF/OIF veterans currently have lifetime eligibility for services and for the first five years there is no cost or co-pay for treatment related to service time.

The Cheyenne VA has an OEF/OIF program with staff available to assist with enrollment and answering questions. Marti Salas, OEF/OIF program manager, 778-7550, ext. 7068; and Cheryl Koski, OEF/OIF case manager, 778-7550, ext. 7545, are the two primary points of contact. Both are available Mon-Fri from 8-5 and are always more than happy to assist with anything. Ray Barela, the Wyoming National Guard's transition assistance advisor, may also provide information and can be reached at 772-5163.

There are a vast amount of services offered by the VA, please don't allow this enrollment period to pass you by.

AEROSPACE DINING FACILITY

Saturday

Wing picnic at Lion's Park



Sunday

Spaghetti with meat sauce

Lemon pepper fish

Corn and mixed vegetables



Meal items are subject to change. Open for lunch from 10:30-12:30 on UTA weekends.

Cost for officers, AGRs and guests: \$3.85



SCHOLARSHIPS

AVAILABLE

Applications are being accepted for the Denise Rampolla Family Support Service and Appreciation Scholarship.

Each year, between June 1 and July 15, applications will be accepted for the \$500 scholarship/s. Those being awarded scholarships will be notified by July 31 of each year.

Scholarships are limited to Wyoming Air Guard personnel, immediate family members of either active or retired Wyoming Air National Guard, and 30th Airlift Squadron personnel.

Immediate family includes spouse, sister, brother, children, step-children and grandchildren. For application information and details please contact the wing command chief or your first sergeant. For more information about the scholarship, please contact Chief Master Sgt. Tom Loftin, 153rd Airlift Wing command chief.

153 AW awarded Gen. Thomas D. White Environmental Quality Award



Lt. Col. Rob Miknis (second from left) and Dennis McDonald (fourth from right) accept the Gen. Thomas D. White Environmental Quality Award on June 4, in Washington, D.C. Maj. Gen. Ed Wright, Col. Harold Reed, and Lt. Col. Doug Nichols also are pictured.

The Wyoming Air National Guard's 153rd Airlift Wing was selected for the Air Force's Gen. Thomas D. White Environmental Quality Award for the Reserves and Air National Guard.

The award recognizes the efforts of installations and individuals for environmental quality, restoration, pollution prevention, recycling, and conservation of natural and cultural resources.

Some of the notable contributions the wing personnel have made are:

- authored two Environmental Baseline Surveys for the Wyoming and Colorado Joint Air National Guard Recruiting Center and a 640-acre military drop zone, saving more than \$80,000.

- recycled 2,700 tons of concrete; donated 4,000 tons of excess materials for non-profit projects, and 4,200 tons of asphalt to improve the base perimeter road, increasing safety.

- reuse of construction/demolition materials by contractors diverting an additional 13,000 tons from the landfill.

- Redeveloped the design for a spill detention pond project saving more than \$450,000 in design and con-

struction.

- established a hazardous waste pharmacy in civil engineering, reducing the waste stream by 73 percent.

"The Wyoming Air National Guard is truly fortunate to have such dedicated men and women who implement these projects that safeguard the environment while continuing to set standards. The success to any program is to have truly top performers that set the expectations at high levels. Dennis McDonald, as an example, has been recognized at the national level by the Air National Guard. This award is a reflection of the entire Wyoming Air National Guard," said Lt. Col. Rob Miknis, the 153rd Airlift Wing environmental manager.

Miknis was also recently recognized by the Air National Guard bio-environmental engineering to be the first officer in Air National Guard history to participate/lead a team in the Air Force Chemical, Biological, Radiological/Nuclear, and High-Yield Explosive Challenge. The team was selected two weeks prior to the competition making the competition the first time members had met and worked together.

PREP IS FOR ALL COUPLES

By Chief Master Sgt. David St. John
153rd Civil Engineer Squadron

In August of 2007 my wife and I had the opportunity to attend The Prevention and Relationship Enhancement Program (PREP) sponsored by the Wyoming National Guard. We attended in Thermopolis, and while driving there we talked about what we had gotten ourselves into now. What we experienced was first class service from the hotel and a very nice setting. How many trips have you ever taken with the Guard start like that?

What will not happen? You will not have to stand in front of the group and talk about problems you may be experiencing. You will not receive therapy!

CHIEFS' COUNCIL CORNER

What you will receive are strategies for conflict resolution; insight into why men and women see life and its challenges so differently; and you also receive an intense refresher course about communication skills along with a lesson about really listening to each other. The greatest benefit is that all the communication tools presented not only work to enhance your relationship with your spouse, but can successfully transfer into all your relationships.

I found that the investment of time my wife, Denise, and I made in participating in this activity has reaped many rewards. PREP is not just for couples who are struggling or experiencing difficulty. It is for all married couples who want to improve communication.

For more information or to sign up for a PREP Marriage retreat weekend seminar contact Denise Rampolla at (307) 772-6063.

The Diversity Corner: The next generation of diverse airmen is here

By Chief Master Sgt. James Branom
State Human Resources Advisor
Wyoming Air National Guard

The next generation of Airmen is here with their own life experiences, perceptions, values and expectations. This next generation or Generation Y will continue to make up the majority of the military force structure over the coming years. Who are they? How do they respond to the military's culture and values and how can we tap into their potential to become future leaders of tomorrow?

Generation Y is nearly as large as the Baby Boom generation (of which I am a member) with more than 75 million members born roughly between 1981 and 2006. The size of this generation is heartening for recruiters, but a challenge for leadership.

This generation is seen as growing up having the most respect for ethnic and cultural diversity. This respect is expressed by acceptance of others, a more global perspective on life, and more inter-cultural and inter-ethnic interactions. Members who belong to Generation Y have been exposed to much more cultural diversity than previous generations.

Other values displayed by Generation Y are an attitude for a better work-life balance and appears deeply committed to family, community and teamwork. However, this generation feels punctuality and dress codes are less important than managers or leaders who are highly engaged in their personal development. Their focus is on contribution and work that has meaning.

The internet is where this generation connects and communicates

through text messages, handhelds, homemade videos, audio mixes, Weblogs and personal pages. This familiarity with the interconnected world suggests that its members will respond enthusiastically to management styles that encourage creativity and initiative and that they will be comfortable working in teams.

However, to command and control organizations like the military, knowledge is power to be protected or hoarded. To Generation Y, knowledge belongs to everyone and creates a basis for building new friendships and fostering dialogue. This means sharing information with those whom they may never meet. This spirit of openness is accompanied by a casual attitude toward privacy and secrecy.

This comfort with online communications may also mask this generation's inexperience in negotiating disagreements through direct conversation and a deficit in face-to-face social skills. Additionally, this generation's ability for being able to do several things at once (instant-message friends, play a video, do homework) is accompanied by a superficial approach to analysis and problem solving and an inability to think deeply about complex matters.

In short, leadership will be the all-important key to empowering a military soon to be dominated by Generation Y. We must embrace the challenges posed by the next generation's values, perceptions and experiences in order to create a military that is flexible and adaptable to the world awaiting us.

PASS & REGISTRATION SECURITY CLEARANCES

In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to a change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.

Address all Pass & ID questions to Master Sgt. Nate Cook at 772-6192.

The 153rd Security Forces Squadron Personnel Security office is open Monday-Friday 0700-1630, Phoenix Fridays prior to UTAs, and on UTAs from 0700 – 1530 for assistance with security clearances. First preference will be given to new members who live out of town. Please address all security clearance questions to Mr. Dave Smith at 772-6145.

CLINIC INFO

Physical Health Assessments (PHA) are conducted Saturday of the UTA, 0830-1130 and once per quarter, we will offer Friday PHAs, 0830 - 1130 (Dec., March, June, and Sept. drills).

The 30 AS Flight Surgeon Office is now open 0700-0900 every duty day.

Please contact your unit health monitor to set up your PHA appointments. Immunizations are given in the Clinic on Fridays (quarterly) and Saturdays of drill weekend and during weekday duty hours between the hours of 0700-0900.

REMEMBER, the member MUST be on status (UTA/AT/PM) to be eligible for the

vaccination. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process on Saturday of drill.

The clinic is open Sunday of drill from 0800-1000 hours for administrative purposes only, but this does not include out-processing.

Health Promotion classes, Fitness and Cholesterol, have now been combined and will be held at 0900 in the mezzanine, Saturday of drill. You will be scheduled through your unit health monitor following failure of Fit Test or through the clinic, following abnormal test results receipt. If you have any questions please call ext. 6329, 6251, or 6426.

ITEMS OF NOTE

COMMANDERS' CALL – Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 – 0700.

CHAPEL SERVICE – Held from 0730-0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom.

WYOMING AIR NATIONAL GUARD
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