

# THE GUARDIAN

A Publication of the Wyoming Air National Guard

June 2008

## Pilot helps amputees rise above all

By Officer Candidate Christian Venhuizen  
Wyoming National Guard

Authors have portrayed the one-legged pirate captain as a scourge to all, hero to none and a man who leads by fear. They obviously never had a chance to talk to the one-legged Wyoming Air National Guard major who is humble, leads his C-130 crew by example and is a hero to at least two young double amputees.

Maj. Al Brown is the first Air Force pilot to qualify to fly a C-130 after having one of his legs amputated. He lost his right leg during a hunting accident in 1999, was back in the cockpit by 2001, went to requalification school in 2006 and deployed to Afghanistan in 2007.

“When I got out of the hospital, I didn’t know if it was going to be 10 years until I fly again or what,” Brown said. While he didn’t have a lot of physical therapy, he had his wife, whom he jokingly said wanted their grass mowed. “Before I can say I can’t do it, I definitely try it.”

Brown’s story amazed Nikko Landeros and Tyler Carron, of Berthoud, Colo. Both teenagers lost their legs after a car accident in January 2007.

“I never thought of coming (to the Wyoming Air National Guard Base), but coming here is pretty cool,” Landeros said. “We’re walking on two fake legs and he’s got one leg and flying a plane.”

For Brown, the first words of advice for the two teens were, “Be careful when you go hunting.” His second bit of advice was, “Just keep after it.”

“I don’t know if those boys have any interest in flying, but I want them to be able to do whatever they want to do,” Brown said.

The meeting was set up by Maj. Vincent Wild from the 187th Airlift Squadron. Wild met Carron and his father while piloting a commercial flight from Kansas City to Denver. He arranged the meeting, tours of a C-130 and UH-60 and a chance to witness an air drop piloted by Brown.



Double-leg amputees Tyler Carron, left, and Nikko Landeros, center, both of Berthoud, Colo., speak with single-leg amputee Maj. Alan Brown, a C-130 pilot with the Wyoming Air National Guard, on May 14, 2008. (Photo by Officer Candidate Christian Venhuizen, Wyoming National Guard)

## NEWCOMERS

187 AS  
JEFFERY LOSSING

243 ATC  
CHEVY GREEN  
APRIL REED  
JASON STEEL

153 CACS  
DAMIEN BERG  
ROBERT STIELOW

153 CES  
MAITLAND JOWELL

153 LRS  
RAYMOND GARRIDO  
JACOB LLOYD  
MATTHEW TURNER

153 MSF  
JULIE GLASS

153 MXS  
BRANDON GONZALES  
JAMES PEYTON  
MATTHEW TORRES

153 SFS  
WILLIAM CLARK  
RAVEN COULON

## PROMOTIONS

153 MXS  
MAX DURAN  
MASTER SERGEANT

187 AES  
HAILEY SANFORD  
TECHNICAL SERGEANT

153 CES  
HENRY JOSEPH  
STAFF SERGEANT

## PREP MARRIAGE

The 2008 PREP (Prevention and Relationship Enhancement Program) marriage retreat weekends are scheduled for:

August 8-10, in Buena Vista, Colo.

October 10-12, in Estes Park, Colo.

PREP is appropriate for married couples at all stages of their relationship.

Couples learn important techniques for communication to keep them connected during times of separation and deployment.

To register, or for questions, contact the wing family program office at 772-6063.

## AUTHORIZED HOTELS

HOLIDAY INN  
204 W. FOX FARM RD.  
(307) 638-4466  
\$53.00 CONTRACTED PRICE

FAIRFIELD INN  
1415 STILLWATER AVE.  
(307) 637-4070  
\$58.00 CONTRACTED PRICE

LA QUINTA INN  
2410 W. LINCOLNWAY  
(307) 632-7117  
\$52.00 CONTRACTED PRICE

CROW CREEK INN  
FE WARREN AFB  
307-773-1844 EXT. 4514  
\$30.50 - \$33.00 CONTRACTED PRICE

## HADD INFO

Herks Against  
Drunk Driving

Need someone to drive you home? Call one of the Wing volunteers for safe and confidential transportation.

Friday and Saturday nights  
1900-0300  
Call: (307) 220-7961 or  
(307) 220-7962  
for pickup

Wyoming Air National Guard

## Prairie Thunder 2008 Air Show

If daring stunts overhead and the smoke and noise of high performance airplanes get your heart pumping, then the Prairie Thunder 2008 Air Show at the Wyoming Air National Guard is where you'll want to be on Wednesday, July 23.

This event began in 1953 and attracts an average of 10,000 guests each year.

This exciting show will include performances by Gary Rower and his 1942 PT-17 Stearman, the Wings of Blue parachutists who will perform high altitude demonstrations, and many others. The show will also include a fly-over by a MiG-17, an AT-6, a Jet Venom and a T-33 Trainer Jet.

Plenty of ground-based activities aimed to fuel an interest in flight will be found across the tarmac including three of the largest airplanes in the Air Force inventory; the C-5 Galaxy, the C-17 Globemaster III and the KC-10 Extender. Also displayed will be military helicopters and vehicles and other aviation themed attractions. Food and beverages will be available along with displays by local area businesses.

The gates to the Wyoming Air National Guard will open at 8:30 a.m. with the air show beginning around 11:30 a.m. Free parking and continuous shuttle transportation are available on the north side of Frontier Mall, located at 1400 Dell Range Blvd. Handicap transportation will also be available from that location.

Vehicles with authorized military stickers will be allowed to enter the base until 10:00 a.m. All vehicles and personnel entering the base are subject to search. Guests are strongly encouraged to minimize the number of items carried into the air show area. The base will not hold prohibited items for guests. Prohibited items include any item you would not be allowed to carry onto a commercial airplane.

The free event is open to the public. For more information contact (307) 772-5253 or visit the web site at <http://www.wychey.ang.af.mil/airshow.asp>.

## Airmen of the Quarter Winners Announced

The 153rd Airlift Wing outstanding Airmen of the quarter winners for the second quarter of 2008 are:

Airman of the Quarter -- Senior Airman Olivia Delatorre, 153rd Airlift Wing

Non-commissioned Officer of the Quarter -- Staff Sgt. Richard Chatwell, 243rd Air Traffic Control Squadron

Senior Non-commissioned Officer of the Quarter -- Master Sgt. Jurri Sad-

ler, 153rd Medical Group.

The quarterly winners were recognized for the contributions and accomplishments in the Wyoming Air National Guard.

Their commitment to excellence and exemplary practices personify the future leaders of this great organization.

Congratulations to these individuals.

### THE GUARDIAN

THE GUARDIAN IS THE UNOFFICIAL NEWSPAPER PUBLISHED BY THE 153RD AIRLIFT WING PUBLIC AFFAIRS OFFICE FOR THE MEMBERS OF THE WYOMING AIR NATIONAL GUARD. THE OPINIONS EXPRESSED HEREIN DO NOT NECESSARILY REPRESENT THOSE OF THE UNITED STATES AIR FORCE, THE WYOMING MILITARY DEPARTMENT OR THE WYOMING AIR NATIONAL GUARD.

WING COMMANDER  
COL. HAROLD REED  
STATE PUBLIC AFFAIRS OFFICER  
DEIDRE FORSTER

WING PUBLIC AFFAIRS OFFICERS  
TECHNICAL SGT. RUSTY RIDLEY  
SENIOR AIRMAN BERLINDA WHITE

THE GUARDIAN, 217 DELL RANGE BLVD., CHEYENNE, WY 82009  
(307) 772-5253/5935, 153.PA@WYCHEY.ANG.AF.MIL

## FAMILY MORALE CARE PACKAGES AVAILABLE

The Wing Family Readiness Program offers a Family Morale Care Package Program for all military members to help deployed Airmen stay connected to children.

Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided to children 6 years old and up.

Call 772-6063 for information.



## 153RD AIRLIFT WING FAMILY READINESS PROGRAM CONTACT NUMBERS

153 AW FAMILY READINESS  
OFFICE  
217 DELL RANGE BLVD.  
CHEYENNE, WY 82009

DENISE RAMPOLLA  
153 AW FAMILY READINESS  
COORDINATOR  
307.772.6063 OFFICE  
307.214.2625 CELL

BILL BRECKENRIDGE  
STATE FAMILY READINESS  
COORDINATOR  
307.772.5208 OFFICE  
307.631.7537 CELL

CHAPLAIN DOUG ARENDSEE  
STATE CHAPLAIN  
307.772.5098 OFFICE



# Being Money Wise Makes Cents

By Bonnie Scotto  
30th Airlift Squadron Key Spouse

Money is always an issue for most of us. Either we're spending it, saving it, talking about it, fighting over it or worrying about it. I dare you to tell me that's not true.

Many people are having financial issues as gas and other prices keep rising. It's not the money itself that's the culprit. Spending is the culprit. Spending keeps people from saving more for the future. Spending is behind the massive accumulation of debt, both short and long term among working couples.

More Americans belong to a group of consumers, known as over-spenders. Not because they have spent more than they earned or are deep in debt, though many are, it is because they paid too much for things.

If the downturn in the U.S. economy has got you or may get you within a few months a good hedge is to make it harder for yourself to spend. Some folks explain away paying too much for things citing convenience. Convenience is an expensive habit to support when times are tough. On average, comparison shopping before spending will yield a 20-30 percent savings almost every time. There are several steps one can take to inhibit spending. They include:

1. Freeze credit cards and ATM cards in a glass of water in your refrigerator freezer. This prevents impulse use - you have to thaw it out before you can use it.

2. Start spending on a cash basis and make notes/keep receipts on all purchases to help raise your awareness of where your money is going, day in and day out.

3. Freeze your credit files. This is now available in all 50 states. Freezing credit files will make it more time consuming to open new credit accounts or make large credit-based purchases. In the process you will be sent a copy of your credit files.

4. Take some financial pictures of yourself. The big picture is your net worth, listing the things you own versus the things you owe. But don't stop there, determine how many years you have been working full-time and how much money you have earned during that time. Now, what percentage of your lifetime income (to date) is reflected in your net worth? 10%? 20%? 50%? 150%? The close-up picture is your cash-flow, how money moves in and out of your life on a monthly basis. It is a list of all income received in a month and also a list of all expenses during the same month. The difference in the two amounts equals your cash flow, be it positive (more income than expenses), or be it negative (more expenses than income), or be it zero (monthly income and expenses are equal). The close-up picture will help in prioritizing monthly spending. The cash-flow will also help identify spending that may be hurtful to getting out of debt. Try to get as much extra cash going to debt pay-down as possible.

5. Create a written spending-plan and implement it with the next paycheck or the first of the month, whichever comes first. The cash-flow exercise is the basis for the spending-plan; all the leg-work is done. The monthly spending-plans then become your financial road map. The key is to follow it closely, because within that spending plan will be the Christmas debt reduction and, eventually overall debt elimination.

6. Look for ways to get a better value for your dollar. It may mean doing things for yourself that you may have paid others to do for you, such as lawn care, car washes, laundry, and so forth. Comparison shopping is another way to save money and get more value. Coupons and rebates add value to your dollar, especially at the grocery store where the average American family spends 30 cents of every take-home dollar.

7. Make it a family affair. Everyone can contribute to energy savings, avoiding food waste, clipping coupons and watching out for sales on things regularly purchased. Everyone can become a comparison shopper and look for better values. An over-spender is not just someone who spends more than they earn, an over-spender is also someone who pays too much for things and the latter group is the majority.

8. Add to your income at the same time you are spending smarter. This can be done by taking part-time employment, selling things on the internet with eBay, for instance, perhaps generating additional income from a hobby, craft, music or language instruction, and tutoring, to mention a few.

9. Get some visual reminders around your home and office about improving spending. If ATM and some credit cards must be unfrozen, place "ICFE Credit Card Warning Stickers" on the front. There are four different versions, the most popular is: "WARNING! Overuse Can Be Dangerous." Also keep those cards protected in an ICFE Credit Card Sleeves. View them on <http://www.financial-education-icfe.org>.

10. Take the inter-active spending quiz on <http://www.financial-education-icfe.org>. There are two; one for looking at your spender's profile and the other is an over-spenders quiz. They both will help anyone gain some insight to their spending practices and habits.

## JOBS

**PERSONNEL POSITION:** Applications are being accepted for a traditional 3S071 position in the Joint Force Headquarters – Wyoming. Authorized grade is Master Sergeant. This position is open to all enlisted members of the WyANG. If required to retrain, member must attend the first available class. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd, Cheyenne, WY 82009, not later than **COB 7 June**. Nominating official: Col. Stephan Pappas.

**INFORMATION TECHNOLOGY TECHNICIAN, 3A071:** Applications are being accepted for this traditional position in the Joint Force Headquarters – Wyoming. Authorized grade is Master Sergeant. This position is open to all enlisted members of the WyANG. If required to retrain, member must attend the first available class. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd., Cheyenne, WY 82009 not later than **COB 7 June**. Nominating official: Col. Stephan Pappas.

**OFFICER VACANIES – 153rd MEDICAL GROUP:** Applications are now being accepted for two Medical Service Corps Officer (41A1) positions. These positions are both traditional officer positions with a maximum authorized grade of O4. These positions are open to all Wyoming Air National Guard personnel (enlisted and officer) who are able to meet the following minimum requirements of AFMAN 36-2105; possess a graduate degree in health care administration, hospital administration, public administration, business administration or management, information systems management, or equivalent and be commissioned before their 47th birthday; take the GRE or GMAT test (unless enrolled in a master's degree program); meet medical requirements in AFI 48-123; and meet ANG security clearance requirements. Application packages must include, but not limited to, the following; (1) cover letter requesting consideration; (2) AF Form 24 (enlisted applicants only); (3) resume to include civilian and military education and experience; (4) college transcripts from an accredited four year college/university (enlisted applicants only); (5) letters of recommendation (optional). Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009, not later than **COB 7 June 2008**.

Range Blvd. Cheyenne, WY 82009-4799 no later than **COB 7 June**. Please direct any questions to Chief Master Sgt. Maurer at 772-6426. The nominating/selecting official is Col. Stanley Bruntz, commander, 153 MDG.

**DINING HALL SUPERVISOR:** Dining Hall Supervisor – AFSC 3M071, authorized grade is Master Sergeant. Applicants must meet the following minimum qualifications. Have knowledge of fundamentals of food preparation, to having a working knowledge of the world wide menus, menu planning, flight feeding operations, progressive cooking techniques, and proper food temperature techniques. Must have an understanding of nutrition and waste prevention measures, serving line techniques with proper portion control and display techniques. Order operational rations, inspects subsistence received, and procedures for safeguard of inventory. Perform disease control measures, sanitization of facility and equipment, and maintain personnel hygiene. Selected individual maintains cash reconciliation reports, accounting principals, journal transfers and uses proper forms for reports. Applicants must meet security clearance requirements IAW AFI 31-501 and requirements IAW ANGI 36-2102. Applications packages are due to Capt. Eric Green, Commander 153 Services Flight by **COB 8 June** and must include but not limited to the following: (1) Cover letter requesting consideration, (2) Resume to include civilian/ military experience, education, and training, (3) Evidence of any other related training and (4) Evidence of PME completion. Duty related questions may be directed to Chief Master Sgt. Rob Coughenour, ext. 6337, or Master Sgt. Michele Henning, ext. 6160.

**DINING HALL SUPERVISOR:** Non-Food Supervisor – AFSC 3M071, authorized grade is Master Sergeant. Applicants must meet the following minimum qualifications. Have knowledge of fundamentals of fitness operations management which includes both the fitness programs and sports programs. Be able to manage both the wartime mortuary programs and the mortuary affairs programs. Have working knowledge of family liaison program, survivor assistance program, search and recovery, the Honor Guard program. Member must be able to supervise both contingency lodging and linen operations. Individual maintains cash reconciliation reports, accounting principals, journal transfers and uses proper forms for reports

for any NAF operations. Applicants must meet security clearance requirements IAW AFI 31-501 and requirements IAW ANGI 36-2102. Applications packages are due to Capt. Eric Green, commander 153 Services Flight, by **COB 8 Jun** and must include but not limited to the following: (1) Cover letter requesting consideration, (2) Resume to include civilian/ military experience, education, and training, (3) Evidence of any other related training and (4) Evidence of PME completion. Duty related questions may be directed to Chief Master Sgt. Rob Coughenour, ext. 6337 or Master Sgt. Michele Henning, ext. 6160.

**OFFICER APPOINTMENT – PILOT (C-130):** Applications are being accepted for UNDERGRADUATE PILOT TRAINING, AFSC 11M2B. This position is located in the 187th Airlift Squadron. Applicants must be able to enter training prior to age 30; qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. Applications must be received by **COB 8 July**. For application procedures contact Master Sgt. Hondel, 153 MPF, (307) 772-6457. For AFOQT info contact Senior Master Sgt. Helart 153 MPF (307) 772-6104. Application packages must include: 1. Cover letter requesting consideration, 2. AF Form 24 (enlisted and civilian applicants only), 3. Resume to include civilian and military education and experience, 4. Official college transcripts (enlisted and civilian applicants only), 5. Two letters of supervisory references, 6. AFOQT scores, 7. Any private flying paperwork. Nominating/Selecting Official: Lt. Col. Champlin, 187AS/CC (307) 772-6332. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd. Cheyenne, WY 82009.

**TRADITIONAL AERIAL PORT SUPERINTENDENT:** Applications are being accepted for the position of Traditional Aerial Port Superintendent, 2T200. This position is located in the 153 APF, WY ANG, and is authorized the grade of Chief Master Sergeant. This position is open to members of the Wyoming Air National Guard who can meet the following requirements: experience in supervising and directing aerial port functions such

*Continued on page 5*

## JOBS CONT

*Continued from page 4*

as planning and executing budget requirements, establishing and documenting policies, and effective force and resource management. Applications must include but are not limited to the following, a cover letter requesting consideration and a resume including military and civilian experience that apply to this position. Applications must be turned in to the nominating/selecting official, 1st Lt. James Peterson, 153rd LRS/LGRT, by **COB 3 August**.

**TRADITIONAL FUEL SUPERINTENDENT:** Applications are being accepted for the position of Fuel Superintendent, 2F091. This position is located in the 153rd Logistics Readiness Squadron, WyANG, and the authorized grade is Senior Master Sergeant. This position is open to members of the Wyoming Air National Guard who can meet the following requirements. After selection must possess or be eligible for assignment to Air Force Specialty Code (AFSC) 2F0X1. Must meet mandatory AFSC Entry Requirements listed in AFMAN 36-2108. Minimum grade required is E-7. Maximum military grade available is E-8. Applications must include, but are not limited to the following: (1) cover letter requesting consideration; (2) resume to include civilian and military experience; (3) and memorandum on the completed PME. For applications procedures please contact Master Sgt. Lynette Kelley at 772-6394. The nominating official for the position is Lt. Col. Jim Kuhns.

**OFFICER APPOINTMENT – NAVIGATOR (C-130):** Applications are now being accepted for UNDERGRADUATE NAVIGATOR TRAINING, AFSC 12M3B. This position is located in the 187th Airlift Squadron. Applicants must be able to enter training prior to age 30; qualify on the Air Force Officer Qualifying Test; meet medical requirements in AFI48-123; possess a bachelor's degree or have at least 90 semester hours with a minimum 2.3 GPA; and meet security clearance requirements. This position is open to all applicants that meet the above minimum requirements. For application procedures contact Master Sgt. Hondel, 153 MPF, (307)772-6457. For AFOQT info Senior Master Sgt. Helart, 153 MPF (307)772-6104. Application packages must include: 1. Cover letter requesting consideration, 2. AF Form 24 (enlisted and civilian applicants only), 3. Resume to

include civilian and military education and experience, 4. Official college transcripts (enlisted and civilian applicants only), 5. Two letters of supervisory references, 6. AFOQT scores, 7. Any private flying paperwork. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799.

**CHAPLAIN ASSISTANT OPPORTUNITY (TRADITIONAL/E-5):** The chaplain's office is looking for someone personable, who enjoys working with people and has good computer skills; musical abilities are a plus. Duties include supporting spiritual ministry in religious observances and pastoral care. This would involve accompanying chaplains on visitations around the wing, performing briefings, setting up for worship services and creating worship service bulletins, compiling statistical reports, and serving as the "eyes and ears" of the Chaplains regarding the spiritual welfare of the Guard community and more. For more information call Master Sgt. Marcy Headstream, 772-6061/773-6059, or Lt. Col. Doug Arendsee, 772-5098/421-2189.

**243 ATCS TRADITIONAL MAINTENANCE POSITIONS:** The commander of the 243rd Air Traffic Control Squadron is accepting applications for Airfield Systems Maintenance; Supply Management; Heating, Air, Ventilation; Power Production; and Ground Radar Maintenance. These are traditional positions with some authorized ranks through Master Sergeant for qualified candidates and ultimate potential for Chief Master Sergeant. These positions are open to any enlisted member of the WyANG. Cross-trainees are welcome. Applicants may contact Senior Master Sgt. Greg Wheeler at ext. 6290.

**CACS OPPORTUNITIES:** The 153rd Command and Control Squadron located on F.E. Warren Air Force Base, has immediate openings for anyone with a desire to work in a fast-paced environment while going to college. The squadron welcomes all cross-trainees from several career fields and all branches of service. CACS currently has openings in: 3E451-Utilities Systems, 3M071-Services, 2T351-Vehicle Maintenance, 2E151-Satellite, Wideband, and Telemetry Communications Systems, 2E271- Computer, Networking, Systems, and Cryptographic Systems, 2E153-Ground Radio, 3C051-Communications-Computer Systems, 3C151-Radio Operation Systems, 3C251-Communications-Computer

Systems Control. For more information contact Master Sgt. Priest at 773-6715 or a WyANG recruiter at 772-6333.

**TRADITIONAL – MANAGEMENT ANALYST/STANDARDIZATION EVALUATION SPECIALIST:** The 153rd Communications Flight is now accepting applications for a Standardization Evaluation Specialist. This is a traditional position with the authorized rank of Senior Master Sergeant. All immediately promotable Technical Sergeants and all Master Sergeants are welcome and encouraged to apply. Applications must include a cover letter, a current resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment and proof of a current SECRET clearance. Upon selection, the applicant must complete SF 86 for TOP SECRET clearance. Duties and Responsibilities: Evaluates mission effectiveness, using standardized and locally developed evaluation programs and processes. Responsible for the scheduling and accomplishment of managerial, personnel, technical and special evaluations. Collectively evaluates management effectiveness, performance and technical proficiency of assigned personnel, equipment, and systems condition. Coordinates and/or conducts management studies of organization, staffing, work measurement, methods, or procedures. Monitors unit standardization/evaluation programs by ensuring adherence to applicable directives. Responsible for ensuring military duty position standards are established. Defines metrics and measure progress toward accomplishment of plans, programs, goals, objectives. Must possess managerial, leadership, and good communication skills. Direct questions to Chief Master Sgt. Perkins, chief, Stan-Eval, 153 CF at 772-6478.

The Wyoming Military Department is an equal opportunity employer. Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

Find technician and AGR jobs at:  
<http://www.wy.ngb.army.mil/HRO/default.asp>

## PASS & REGISTRATION SECURITY CLEARANCES

In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to a change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.

Address all Pass & ID questions to Master Sgt. Nate Cook at 772-6192.

The 153rd Security Forces Squadron Personnel Security office is open Monday-Friday 0700-1630, Phoenix Fridays prior to UTAs, and on UTAs from 0700 – 1530 for assistance with security clearances. First preference will be given to new members who live out of town. Please address all security clearance questions to Mr. Dave Smith at 772-6145.

## CLINIC INFO

Physical Health Assessments (PHA) are conducted Saturday of the UTA, 0830-1130 and once per quarter, we will offer Friday PHAs, 0830 - 1130 (Dec., March, June, and Sept. drills).

The 30 AS Flight Surgeon Office is now open 0700-0900 every duty day.

Please contact your unit health monitor to set up your PHA appointments. Immunizations are given in the Clinic on Fridays (quarterly) and Saturdays of drill weekend and during weekday duty hours between the hours of 0700-0900.

REMEMBER, the member MUST be on status (UTA/AT/PM) to be eligible for the

vaccination. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process on Saturday of drill.

The clinic is open Sunday of drill from 0800-1000 hours for administrative purposes only, but this does not include out-processing.

Health Promotion classes, Fitness and Cholesterol, have now been combined and will be held at 0900 in the mezzanine, Saturday of drill. You will be scheduled through your unit health monitor following failure of Fit Test or through the clinic, following abnormal test results receipt. If you have any questions please call ext. 6329, 6251, or 6426.

## ITEMS OF NOTE

COMMANDERS' CALL – Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 – 0700.

CHAPEL SERVICE – Held from 0730-0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom.

---

**WYOMING AIR NATIONAL GUARD**  
**217 DELL RANGE BLVD.**  
**CHEYENNE, WY 82009**