



# THE GUARDIAN

A Publication of the Wyoming Air National Guard

January 2009

## PROMOTIONS

153 LRS

ANGIE RODRIGUEZ  
SENIOR AIRMAN



153 MOF

DOUGLAS FRANKLIN  
SENIOR MASTER SERGEANT

## NEW MEMBERS

153 SFS

ADAM COULON



153 CES

RYAN SEABERG



187 AES

KELLY COOPER

COLLIN RANDALL

MOLLY FARRAND

BRIANNA IBARRA

DANIEL PARRIE

DAVID STEINER



243 ATC

CHRISITAN LACOUR

RUSSELL HENNING

PHILLIP ROYBAL

CHRISTOPHER MURDOCK

KELLY MERRELL

JACKLINE DELGADO

LUKE SIMONS

JOHN KREMER

JESSIE MORGAN



153 AMS

CULTON HEIN

TROY ANDERSON

BILLYJOE DAUSMAN



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## Wing command changes hands

Col. Dennis Grunstad assumed command of the 153rd Airlift Wing Dec. 6 in a ceremony attended by hundreds of Airmen.

Grunstad has served as vice commander under Col. Harold Reed. Reed relinquished command after five and a half years.

“Don’t let anyone tell you you’re not the best Wing in the world,” he told the assembled group. “You are.”

Grunstad echoed Reed’s comments “The bar has been set pretty high, but we can go higher.”

Grunstad joined the 153rd Airlift Wing in 1991 as a line pilot. He has deployed multiple times for the GWOT.

As a traditional Guardsman, Grunstad is employed by American Airlines. He has taken a leave of absence from his

civilian employer to concentrate on his new duties as Wing commander.



Col. Reed congratulates Col. Grunstad at the December change of command ceremony. Wing Command Chief Master Sgt. Tom Loftin, is also pictured. Photo by Senior Master Sgt. Bob Watkins.

## Annual awards banquet recognizes members

Wing members will be recognized Jan. 10 during the annual Wyoming Air National Guard Outstanding Airmen of the Year banquet.

Each year for the last three years, the Wing recognizes the Airman, Company Grade Officer, NCO, Senior NCO and First Sergeant of the Year, during the first UTA weekend of the calendar year.

They also recognize outstanding performers on the Heritage Flag Team, Recruiting Force and other areas of the Wing.

Command Chief Master Sgt. Richard A. Smith, the ninth command chief

master sergeant of the Air National Guard, is the guest speaker.

The Airmen who are named “of the year” awardees will be forwarded to compete at the national level.

## Mega Drill in January

The annual Mega-Drill is scheduled for Jan. 9-11, 2009.

All members will be receiving required Ancillary/Deployment Training. Maximum participation is required.

Get with commanders for letters for your employers, if necessary. Direct questions to Senior Master Sgt. Helart at 772-6104.

## JANUARY MENU

SATURDAY: PORK CHOPS, FISH, MASHED POTATOES, CARROTS, PEAS.

SUNDAY: STEAK, YAKISOBA, CORN ON COB, BAKED POTATOES, GREEN BEANS.

MEAL ITEMS ARE SUBJECT TO CHANGE.

OPEN FOR LUNCH FROM 10:30-12:30 ON UTA WEEKENDS.



## COULD YOU BE A KEY TO MISSION SUCCESS?

The 153rd Airlift Wing Family Readiness Program is looking for retirees and family members interested in volunteering.

Find out more by contacting the Family Readiness Office at (307) 772-6063.



## NEW MEMBERS

### 153 LRS

DAVID SUTTER

ERIC TOLLIS



### 153 MXS

BRANDON RODRIGUEZ



### 153 CACS

JAMES THURMAN

BARIEN SWARTZ

WILLIAM ATKINSON

KENNETH PETERSON



### 153 AW

CARRIE GALAZ

SHAWN CARNAHAN



### 153 MDG

FERNANDO ARANDA

TIMOTHY INGRAHM



### 153 CF

MELVIN CONCORD



### 153 SVF

MAREE GREGORY



# New commander, same vision

Greetings and Happy New Year to the men and women of the 153rd Airlift Wing!

Newness and change are in the air. Very soon we will be inaugurating a new commander in chief. Exciting times lie ahead for the nation for sure, and busy times lie ahead for the wing...but what else is new?



COL. DENNIS GRUNSTAD  
153 AW COMMANDER

Most likely there will be changes with the new president, but I imagine it will take some time until we really see or feel a difference. And so it will be with me at the helm of the wing.

Col. Reed and I see things fairly eye-to-eye so I don't foresee a lot of huge changes. More I see an opportunity to tweak some processes; find some better ways to do business.

My focus for the immediate future includes working on recognizing the hard work of our members, preparing for and executing AEF rotations, and preparing for our upcoming opportunities to shine and learn how we can be even better as we go

### COMMANDER'S COLUMN

through some more inspections (we have H.S.I., UCI, and ASEV opportunities in 2010), and continuing to build the 153 AW into the well-oiled cohesive machine I know we can be.

I share Col. Reed's view that the 153rd is the best wing in the world! I know we will pass these upcoming inspections with no trouble because of who we are and how we do business. My biggest hope for us is that through all the preparation and execution we learn to work smarter, not harder.

We have the best and brightest across the board in this wing- the experienced full-time staff, the dedicated traditionals, and the fresh perspective of our active duty compatriots.

My vision is that we will continue to grow more seamless in our operations and our coexistence; that we will continue to write and tell the story, and above all show the world everyday that we are, and WHY we are the best unit in the world.

I am blessed and honored to be your wing commander. My prayers and thoughts are with you all as you answer the nation's call in support of the Global War on Terror.

Thank you all for all your volunteerism and support of this effort, Godspeed in your return. We'll leave the light on for ya!

### THE GUARDIAN

THE GUARDIAN IS THE UNOFFICIAL NEWSPAPER PUBLISHED BY THE 153RD AIRLIFT WING PUBLIC AFFAIRS OFFICE FOR THE MEMBERS OF THE WYOMING AIR NATIONAL GUARD. THE OPINIONS EXPRESSED HEREIN DO NOT NECESSARILY REPRESENT THOSE OF THE UNITED STATES AIR FORCE, THE WYOMING MILITARY DEPARTMENT OR THE WYOMING AIR NATIONAL GUARD.

#### WING COMMANDER

COL. DENNIS GRUNSTAD

STATE PUBLIC AFFAIRS OFFICER

DEIDRE FORSTER

#### WING PUBLIC AFFAIRS OFFICERS

2ND LT. RUSTY RIDLEY

2ND LT. BERLINDA WHITE

THE GUARDIAN, 217 DELL RANGE BLVD., CHEYENNE, WY 82009  
(307) 772-5253/5935, 153.PA@ANG.AF.MIL

## FAMILY MORALE CARE PACKAGES AVAILABLE

The Wing Family Readiness Program offers a Family Morale Care Package Program for all military members to help deployed Airmen stay connected to children.

Items such as picture pillowcases and photo buttons, special Air Force bears, disposable cameras, journals, recorder pens, and other items can be provided to children 6 years old and up.

Call 772-6063 for information.



## 153RD AIRLIFT WING FAMILY READINESS PROGRAM CONTACT NUMBERS

153 AW FAMILY READINESS  
OFFICE  
217 DELL RANGE BLVD.  
CHEYENNE, WY 82009

DENISE RAMPOLLA  
153 AW FAMILY READINESS  
COORDINATOR  
(307) 772-6063 OFFICE  
(307) 214-2625 CELL

BILL BRECKENRIDGE  
STATE FAMILY READINESS  
COORDINATOR  
(307) 772-5208 OFFICE  
(307) 631-7537 CELL

CHAPLAIN DOUG ARENDSEE  
STATE CHAPLAIN  
(307) 772-5098 OFFICE



# Join the YMCA courtesy of DoD

Military OneSource is pleased to announce that effective Oct. 1 the Department of Defense has partnered with the Armed Services YMCA to fund memberships at participating YMCAs throughout the United States and Puerto Rico for families of deployed National Guard and Reserve personnel and relocated spouse and family members of deployed active duty personnel, among others.

The DoD will also buy down memberships at local fitness facilities (e.g. Gold's Gym/Bally's/24 Hour Fitness, etc) for single active duty personnel at independent duty stations.

Deployed Guard and Reserve personnel and independent duty personnel with children up to age 12 will be authorized free respite child care up to 32 hours per month, per child in YMCA facilities in states approved by DoD.

Applying is easy.

1. Complete the YMCA/DoD eligibility form at [https://www.military-onesource.com/skins/MOS/display.aspx?moduleid=2a285ab0-5db1-4f36-9b91-f2263c973c32&mode=user&CategoryID=a31e4628-07ad-4bdc-bfd1-422da168b30f&Action=download\\_resource&ObjectID=1afde0cf-0d4d-48c9-83a1-0ed42a90459b&IgnoreTimeout=true](https://www.military-onesource.com/skins/MOS/display.aspx?moduleid=2a285ab0-5db1-4f36-9b91-f2263c973c32&mode=user&CategoryID=a31e4628-07ad-4bdc-bfd1-422da168b30f&Action=download_resource&ObjectID=1afde0cf-0d4d-48c9-83a1-0ed42a90459b&IgnoreTimeout=true).

2. Visit [http://www.ymca.net/about\\_the\\_ymca/military\\_outreach\\_initiative.html](http://www.ymca.net/about_the_ymca/military_outreach_initiative.html) to find a participating, local YMCA.

3. Take the eligibility form, a copy of your deployment orders, and your military ID card to your local YMCA.

Military OneSource is an extension of existing installation services. Please feel free to access Military OneSource at [www.militaryonesource.com](http://www.militaryonesource.com) or call (800) 342-9647.

## Grants assist children of deployed personnel

Our Military Kids supports children of deployed National Guard and Reserve personnel with a grant program that gives them the opportunity to participate in sports, fine arts, or academic tutoring programs.

Extracurricular activities become all the more important for keeping kids involved and on track when their parent is deployed overseas. Unfortunately, it is often difficult for Guard and Reserve children to play on school or community sports teams, participate in local music or dance programs, or get tutoring to help them stay on grade level because fees for these programs can be prohibitive for deployed parents. All Guard or Reserve children between the ages of 3 and 18 are eligible for an Our Military Kids grant.

Qualified families complete a simple one page application and submit it along with a copy of the military parent's deployment orders and a brochure or flyer from the organization providing the activity. Our Military Kids evaluates each request and, provided

all requirements are met, gives a grant award paid directly to the service provider. Operation Military Kids will also send each child who receives a grant award a certificate of appreciation and a patch of recognition for their service to our country.

No eligible child that has requested a grant has been turned down. For more information go to <http://www.ourmilitarykids.org>.

## TroopTube now online

Military OneSource has launched TroopTube, a new video-sharing site designed to help military families connect and keep in touch while miles apart. It is the only video-sharing site for military families sponsored by DoD. TroopTube extends the virtual military community by enabling service members and their families to connect with each other and share videos wherever they may be. For more information or to sign up and begin sharing videos go to <http://www.trooptube.tv/>.

## JOBS

**OFFICER VACANCY – CHIEF OF STAFF:** Applications are being accepted for the position of Chief of Staff, (AFSC 90G0). This position is located in Headquarters, WyANG and the authorized grade is Brigadier General. This position is open to all Lieutenant Colonels (immediately eligible for promotion to Colonel) and Colonels, line officers currently assigned to the Wyoming Air National Guard (rated officers may apply, but if selected for this position, cannot remain on flying status). Applications must include, but are not limited to the following: (1) Cover letter requesting consideration; (2) Resume to include civilian and military education and experience. Send application packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799 by **COB Jan. 11**. The nominating official for this position is Brig. Gen. Donald Haught.

**OFFICER VACANCY - 153rd Airlift Wing:** Applications are now being accepted for the Vice Wing Commander (91W0) position. This position is a traditional officer position with a maximum authorized grade of O6. This position is open to all Wyoming Air National Guard Colonels and Lieutenant Colonels immediately promotable to Colonel. Application packages must include, but are not limited to, the following; (1) cover letter requesting consideration; (2) resume to include civilian and military education and experience; (3) letters of recommendation (optional). Send application packages to Maj. Rachel Bennett, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799, by **COB Feb. 8**. Please direct any questions to Col. Dennis Grunstad at 772-6153. The nominating/selecting official is Col. Dennis Grunstad, commander, 153 AW.

**187 AES TRADITIONAL POSITIONS:** The commander of the 187th Aeromedical Evacuation Squadron is accepting applications for Aeromedical Technicians. These are traditional positions with the authorized rank of Master Sergeant. Applications must include but are not limited to the following; a cover letter requesting consideration, a current

resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment. Applicants may direct questions to Maj. Williams at ext. 6195. Applications must be turned in to Chief Master Sgt. Travis Miller by **COB Jan. 11**.

**NCO VACANCY – 153rd Medical Group.** Applications are being accepted for the tradition position of Public Health Journeyman, Staff Sergeant, AFSC 4E051. Conducts occupational health, hearing conservation, reproductive health, bloodborne pathogens exposure control, communicable disease control, disease vector surveillance, facility sanitation, food safety and vulnerability, health risk assessment, medical intelligence and operational medicine. Please submit packages to Chief Master Sgt. Kristin Maurer, 153 MDG, 217 Dell Range Blvd., Cheyenne, WY 82009-4799, 772-6426 not later than **COB Jan. 12**. Nominating/Selecting Official – Col. Stanley D. Bruntz, 153 MDG.

**LOGISTICS READINESS OFFICER:** Applications are now being accepted for two Logistics Readiness Officers (AFSC: 21R3), 153rd Logistics Readiness Squadron with an authorized grade of major. These positions are open to members of the Wyoming Air National Guard and those eligible for membership, who are able to meet the following minimum requirements. The individual selected must attend required technical schools. Applicant must possess a Bachelors Degree (those individuals with at least 90 semester hours by announcement closeout may apply; be able to complete AMS before their 35 birthday; qualify on the Air Force Qualifying Test (AFOQT)); meet medical requirements in AFI 48-123; and meet security clearance requirements. Application packages must include, but are not limited to the following: (1) Cover letter requesting consideration; (2) AF Form 24 (enlisted only); (3) Resume to include civilian and military education and experience; (4) College transcripts from an accredited 4 year college or university (enlisted only); (5) Letters of recommendation (optional). Forward application packages to Master Sgt. Hondel, 153 MSF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799, (307)

772-6457 no later than **COB Feb. 2**. Selecting official is Lt. Col. James Kuhns.

**187 AES TRADITIONAL POSITIONS:** The commander of the 187th Aeromedical Evacuation Squadron is accepting applications for a Medical Service Corps Officer. This is a traditional position with the authorized rank of Major. Applications must include but are not limited to the following, a cover letter requesting consideration, a current resume with civilian and military experience/education, a current RIP (VMPF is acceptable), a current fitness assessment. Applicants may direct questions to Maj. Williams at ext. 6195; packages to Master Sgt. Denise Hondel, 153AW/MPF, 217 Dell Range Blvd., Cheyenne, WY 82009-4799 by **COB April 5**. Nominating official will be Lt. Col. Hofmann.

**TRADITIONAL – 153rd Aircraft Maintenance Squadron Flightline Vacancy:** The 153rd Aircraft Maintenance Squadron is now accepting applications for a 2A571, Master Sergeant (E-7). This position is open to all immediately promotable Technical Sergeants of the Wyoming Air National Guard. All applicants must possess AFSC 2A571 or qualify IAW ANGI 36-2502. Applications must include a cover letter, a current resume with military experience/education, a current RIP (VMPF is acceptable) and a current fitness assessment. Duties and responsibilities: Performs production supervisor, flight chief, expeditor, crew chief and maintenance functions. Maintains aircraft, support equipment, forms and records. Inspects aircraft structures, systems and components. Interprets inspection findings and determines adequacy of corrective actions. Inspects and checks components for clearances, tolerances, proper installation, and operation. Inspects and operates powered and non-powered aerospace ground equip-

The Wyoming Military Department is an equal opportunity employer.

Selection for all positions will be made without regard to race, religion, color, national origin, sex, political affiliation or any other non-merit factor. This applies to ALL vacancies within the Wyoming Military Department.

## JOBS CONT.

ment. Direct questions to Senior Master Sgt. John Moritz ext. 6106 or Senior Master Sgt. Gene Garmane ext. 6164.

**INFORMATION TECHNOLOGY POSITION:** Applications are being accepted for a traditional 3A071 position in the Joint Force Headquarters – Wyoming. Authorized grade is Technical Sergeant. This position is open to all enlisted members of the WyANG. If required to retrain, member must attend the first available class. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd., Cheyenne, WY 82009. If you have questions contact Senior Master Sgt. Keune at (307) 772-5293. Open until filled. Nominating official: Brig. Gen. Stephan Pappas.

**PERSONNEL POSITION:** Applications are being accepted for a traditional 3S071 position in the Joint Force Headquarters – Wyoming. Authorized grade is Master Sergeant. This position is open to all enlisted members of the WyANG. If required to retrain, member must attend the first available class. Applications should be sent to Senior Master Sgt. Jana Keune, JFHQ-WY/HRS, 5500 Bishop Blvd., Cheyenne, WY 82009. If you have questions contact Senior Master Sgt. Keune at (307) 772-5293. Open until filled. Nominating official: Brig. Gen. Stephan Pappas.

**CIVIL ENGINEERING SQUADRON VACANCY:** The Civil Engineer-

ing Squadron has a vacancy for a traditional Information Management person, 3A071, E-6. This position is open to all members of the Wyoming Air National Guard. Interested members can contact Master Sgt. Neckermann at 772-6175 or recruiting if interested.

**CIVIL ENGINEERING SQUADRON VACANCY:** The Civil Engineering Squadron has a vacancy for a traditional Operations Management person, 3E671, E-6. This position is open to all members of the Wyoming Air National Guard. Interested members can contact Master Sgt. Neckermann at 772-6175 or recruiting if interested.

**187 AES TRADITIONAL POSITIONS:** Want to start an exciting career focusing on Homeland Defense with possible overseas deployment opportunities? Become a radio operator with the 187 AES. Perks include a short six week technical school, fascinating training, promotion opportunities and possibly a bonus for up to \$15,000. Learn to operate the latest in radio technology including high frequency transmissions and satellite communications. If interested direct questions to Maj. Williams at ext. 6195.

Find technician and AGR jobs at:  
<http://www.wy.ngb.army.mil/HRO/default.asp>

## Top III seeks NCOs

Everyone E-7 or above is invited to attend the TOP III Council meeting on Jan. 11, at 1330 in the DFAC with guest speaker Col. Den- nie Grunstad, commander, 153rd Airlift Wing.

Being part of any wing council indicates a sincere interest in the promotion of communication, professionalism, esprit de corps. The list is endless. What, then, is the benefit of becoming an active member of the TOP III Council? For starters, the January 2009 meeting will feature the new wing commander.

In one of his first guest speaking appearances as the wing commander, Grunstad will address such issues as the direction of the wing and what to expect from/for the wing in the future.

The TOP III meets every drill Sunday, 1330 in the DFAC, and membership is open to all senior NCOs in the 153rd Airlift Wing. TOP III members participate in a number of activities on and off base, promoting good community relations as well as a strong mentorship for junior NCO development.

## HADD HERKS AGAINST DRUNK DRIVING

Need someone to drive you home? Call one of the Wing volunteers for safe and confidential transportation.

Friday & Saturday, 1900-0300  
Call: (307) 220-7961 or 220-7962

## DID YOU KNOW...

repayment of employee contributions or elective deferrals can be made over three times the period of military service but no longer than five years from the date of re-employment -38 U.S.C. Section 4317.



WYOMING ESGR  
5500 BISHOP BLVD.  
CHEYENNE, WY  
82009

Ms. LAURA JEFFREY  
PROGRAM SUPPORT  
SPECIALIST

(307) 772-5376  
LAURA.MEAD@US.ARMY.MIL

## AUTHORIZED HOTELS

Holiday Inn 204 W. Fox Farm Rd. (307) 638-4466 \$53	La Quinta Inn 2410 W. Lincolnway (307) 632-7117 \$52
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Fairfield Inn 1415 Stillwater Ave. (307) 637-4070 \$58	Crow Creek Inn FE Warren AFB (307) 773-1844 \$30.50 - \$33
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Contracted prices shown

Guardian submissions are due by COB of the Monday after UTA weekend. Submit information to Deidre Forster, state public affairs officer, at [deidre.forster@us.army.mil](mailto:deidre.forster@us.army.mil)

## PASS & REGISTRATION SECURITY CLEARANCES

In order to register a vehicle with the 153 SFS Pass & Registration, you must have your military ID (dependents need their ID), vehicle registration and current proof of insurance. Civilian employees without a military ID must have a Wyoming Military Department Employee ID.

Due to a change in the DoD vehicle registration database, we now need to have a copy of the vehicle registration for each of your vehicles registered with us, before we can update registrations on your vehicles.

In accordance with AFI 31-204, AIR FORCE MOTOR VEHICLE TRAFFIC SUPERVISION, "a person need not own the vehicle to register it; however, they must have a lease agreement, power of attorney, or notarized statement from the owner of the vehicle granting them permission to use the vehicle and specifying the inclusive use dates."

As a reminder, Pass & Registration's hours are 0700-1630 Monday through Friday (including Fridays before UTAs). UTA hours: Saturday 0830-1630 and Sunday 0800-1600.

Address all Pass & ID questions to Master Sgt. Nate Cook at 772-6192.

The 153rd Security Forces Squadron Personnel Security office is open Monday-Friday 0700-1630, Phoenix Fridays prior to UTAs, and on UTAs from 0700 – 1530 for assistance with security clearances. First preference will be given to new members who live out of town. Please address all security clearance questions to Mr. Dave Smith at 772-6145.

## CLINIC INFO

Physical Health Assessments (PHA) are conducted Saturday of the UTA, 0830-1130 and once per quarter, we will offer Friday PHAs, 0830 - 1130 (Dec., March, June, and Sept. drills).

The 30 AS Flight Surgeon Office is now open 0700-0900 every duty day.

Please contact your unit health monitor to set up your PHA appointments. Immunizations are given in the Clinic on Fridays (quarterly) and Saturdays of drill weekend and during weekday duty hours between the hours of 0700-0900.

REMEMBER, the member MUST be on status (UTA/AT/PM) to be eligible for the

vaccination. Personnel who will be attending school, TDY, or out-processing for any other reason, MUST out-process on Saturday of drill.

The clinic is open Sunday of drill from 0800-1000 hours for administrative purposes only, but this does not include out-processing.

Health Promotion classes, Fitness and Cholesterol, have now been combined and will be held at 0900 in the mezzanine, Saturday of drill. You will be scheduled through your unit health monitor following failure of Fit Test or through the clinic, following abnormal test results receipt. If you have any questions please call ext. 6329, 6251, or 6426.

## ITEMS OF NOTE

COMMANDERS' CALL – Commanders' Call for all group commanders, squadron commanders, and first sergeants on Saturday mornings of UTA is from 0630 – 0700.

CHAPEL SERVICE – Held from 0730-0800 on UTA Sunday. The non-denominational service is held in the civil engineering classroom.

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**WYOMING AIR NATIONAL GUARD**  
**217 DELL RANGE BLVD.**  
**CHEYENNE, WY 82009**